

December 24th, 2025

THE INTERNATIONAL HERITAGE HERALD



May the holidays bring you
Warmth and Joy!



THOUGHT FOR THE WEEK

“ *The best way to spread Christmas cheer is singing loud for all to hear.* ”

Will Ferrell



WHAT'S NEW?

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Director's notes

Dear Parents and Caregivers,

Thank you for your ongoing support of Heritage International School. We have had so many wonderful opportunities to share the joy of the school this winter season. We truly hope you all enjoyed the Winter Show and that your children have enjoyed the wealth of special events organised for them.

We will return to school January 9th to commence the learning for Term 2. We hope to see you all safely back from your holidays so we can get back to all the amazing learning opportunities that Heritage has to offer.



We also look forward to continuing our parent education programmes and will be offering learning sessions on Wellbeing, Managing Exam Stress, and Safeguarding for International Schools. We hope you will be able to join us.

In the Spring, we hope to launch our Internship and Service Learning programmes. If you are a business owner or leader and would like to participate by hosting a student intern, please contact us so we can add your business to our growing list of participants. If you are involved in a local charity and would like to support our Service Learning programme, please let us know so we can direct some of our interested students to your programme.

I wish you all the best of holidays and happiest of new year's celebrations this season. Please travel safely, take care, and get the well-deserved rest, relaxation, adventure, and quality family time that we all deserve. See you in January 2026!

Thank you.

Kind Regards

***Casey M. Barnes,
Heritage Director***

The Heritage 10 Golden Rules

We want everyone to enjoy Heritage International School and have a successful, fulfilling, and rewarding academic year. To all those joining us for the first time and those who come to regular school at Heritage, we are all members of Heritage for the time we are here and we all follow the same code of respect to ensure everyone is kept safe and we enjoy our school.

1. *We listen to & respect those looking after us, and teaching us, and always follow their instructions.*
2. *We respect and look after each other as students of Heritage. We are a caring community.*
3. *If unsure, we ask one of our teachers or support staff.*
4. *We are always aware of being safe, especially around physical & practical activities*
5. *The way we speak to each other and the words we use are the right ones*
6. ***If someone is not well or unhappy, we let one of the adults looking after us know***
7. *We make sure we have the right clothes and equipment for each day.*
8. *We make sure we are on time and if we are late we make sure people looking after us know.*
9. *We are responsible for our behaviour as a student of Heritage.*
10. *We make sure we engage in our learning, grow in our knowledge and understanding, achieve our best and potential, be contributing and valued members of our community, and get the most out of our school opportunities.*

Belonging Builds Bridges

We Belong Here: Learning About Belonging Through DEIJB

During last week's Primary Assembly, the We Belong Here team introduced the DEIJB concept in a way that was both thoughtful and suitable for children. Given the complexity of the topic, the students made great efforts to simplify it and make it interesting for younger students. They employed a clever "Belonging Box" in which a meaningful object symbolized each letter of DEIJB, assisting children in connecting ideas to real-life examples. A great addition to the presentation was a poster that the students created using a shoe analogy to illustrate how our differences make us special while also uniting us. It was a confident, empathetic presentation that demonstrated the team's dedication to inclusion and community.



Action for Happiness Calendar

December Kindness 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

1 Spread kindness and share the December calendar with others

2 Contact someone you can't be with to see how they are

3 Offer to help someone who is facing difficulties at the moment

4 Support a charity, cause or campaign you really care about



5 Give a gift to someone who is homeless or feeling lonely

6 Leave a positive message for someone else to find



7 Give kind comments to as many people as possible today

8 Do something helpful for a friend or family member

9 Notice when you're hard on yourself or others and be kind instead

10 Listen wholeheartedly to others without judging them

11 Buy an extra item and donate it to a local food bank

12 Be generous. Feed someone with food, love or kindness today

13 See how many different people you can smile at today

14 Share a happy memory or inspiring thought with a loved one

15 Say hello to your neighbour and brighten up their day

16 Look for something positive to say to everyone you speak to

17 Give thanks. List the kind things others have done for you

18 Ask for help and let someone else discover the joy of giving

19 Contact someone who may be alone or feeling isolated

20 Help others by giving away something that you don't need

21 Appreciate kindness and thank people who do things for you

22 Congratulate someone for an achievement that may go unnoticed

23 Choose to give or receive the gift of forgiveness

24 Bring joy to others. Share something which made you laugh

25 Treat everyone with kindness today, including yourself!

26 Get outside. Pick up litter or do something kind for nature

27 Call a relative who is far away to say hello and have a chat

28 Be kind to the planet. Eat less meat and use less energy

29 Turn off digital devices and really listen to people

30 Let someone know how much you appreciate them and why

31 Plan some new acts of kindness to do in 2026



ACTION FOR HAPPINESS

Happier · Kinder · Together

Key Dates

25.12.2025 -08.01.2026	Winter break
9th January 2026	Resumption for the Second Semester
12th - 16th January 2026	Romanian Language Week
15th January 2026	National Culture Day
16th January 2026	Dog Shelter Support Drive
23rd January 2026	International Handwriting Day

[See the 2025-2026 Academic Calendar here](#)

Natalia Turan

Cambridge Primary Teacher

Education, for me, is a lifelong journey rather than simply a profession. As an international teacher, I am deeply committed to nurturing not only academic growth but also the personal development of each child. I believe that school plays a vital role in shaping confident learners, strong values, and a genuine love for learning.



In my classroom, I strive to create a safe, creative, and engaging learning environment where every child feels seen, heard, and encouraged to reach their full potential. I strongly value critical thinking, empathy, collaboration, and the joy of learning. I enjoy combining modern teaching approaches with hands-on, interdisciplinary projects that make learning meaningful and relevant.

I believe that strong partnerships with parents and colleagues are essential for a child's success, and I value open communication and teamwork. I am grateful to be part of an international school community that promotes diversity, respect, and excellence.

For me, every day at school is an opportunity to inspire, to learn alongside my students, and to contribute to the development of confident, responsible future citizens.

Ruxanda Cheibash

Cambridge Primary Teacher

My name is Miss Ruxanda, and I am part of the Cambridge Primary Pathway Team. I am a second-generation teacher, and I believe this is one of the most remarkable jobs one can have. Two of my passions are music and philosophy. I play the piano, violin, and guitar; I am currently learning the ukulele, and I have so far spectacularly failed at the ocarina and kalimba—but I am not giving up. I also write songs, and I hold a First-Class Honours degree in Songwriting, which has deepened my appreciation for creativity, expression, and storytelling through music.



I love reading philosophy because it teaches critical and analytical thinking—skills that are invaluable in life. As Epictetus wisely noted, “It’s not what happens to you, but how you react to it that matters,” a lesson in perspective, reflection, and mindful reasoning that I try to bring into every day and every classroom.

I love colours and finding ways to make ordinary days and activities feel special. I firmly believe that life itself is full of small miracles; one just has to notice them. From a very young age, I have been captivated by stories and fairytales—not only for their magic, but for the insight they offer into how people have thought and lived throughout the years, and for the pedagogical weight they carry. After all, no one ever truly grows out of fairytales unless they choose to—or are forced to.

One interesting fact about me is that I received the President’s Volunteer Service Award during Barack Obama’s presidency in the USA—a small recognition for making a difference, and a reminder that even little actions can have a meaningful impact.

One quote that has stayed with me since I was a child is by Maya Angelou: “People will forget what you said, people will forget what you did, but people will never forget how you made them feel.” This idea shapes the way I approach every class I teach and serves as a personal compass, guiding me to grow in wisdom, patience, kindness, and self-awareness—while always striving to make learning meaningful and memorable.

Although I love what I do, this role is also the perfect opportunity for me to grow as a person. Children have an extraordinary ability to sense authenticity, and they learn best by example. Every day, they give me the chance to do better—to acknowledge mistakes, apologise, show kindness, practise compassion, and learn from experience.

Heritage International School is a community I am deeply grateful to be part of. The openness, warmth, and commitment to nurturing the whole child align closely with my own values as an educator. Being surrounded by passionate colleagues, engaged families, and curious learners continually inspires me to grow and give my very best. Working at Heritage International School is truly meaningful to me, and the strong sense of community, support, and shared vision makes it a place where learning feels purposeful and joyful.

Nozipho Mbali Sithebe Mathematics Teacher

2025 marks her tenth year in the classroom. Her teaching journey began at an all-girls high school in South Africa, where she completed her learnership while finishing her Bachelor of Education degree. That early experience played a defining role in shaping the educator she is today, showing her the power of creating a warm, joyful, and supportive learning environment. After completing her degree, she moved to a co-educational school, where she continued to grow and refine her teaching practice. In 2023, she made the exciting decision to move to Moldova and join the Heritage team, a change that has brought personal growth, meaningful friendships, and a strong sense of belonging.



What she values most about teaching is the energy her students bring each day. Their curiosity, positivity, and humour light up the classroom and make teaching feel both natural and deeply rewarding, constantly reminding her why she chose this profession. She is also grateful for the colleagues who have become genuine friends. Their kindness and support played an important role in helping her fall in love with Moldova and feel at home so far from her own.

Before relocating, she volunteered at her former high school in South Africa, offering extra mathematics lessons to students in Grades 10 to 12. Giving back to the community that helped shape her was deeply important to her, and supporting learners during such critical academic years remains one of the contributions she is most proud of.

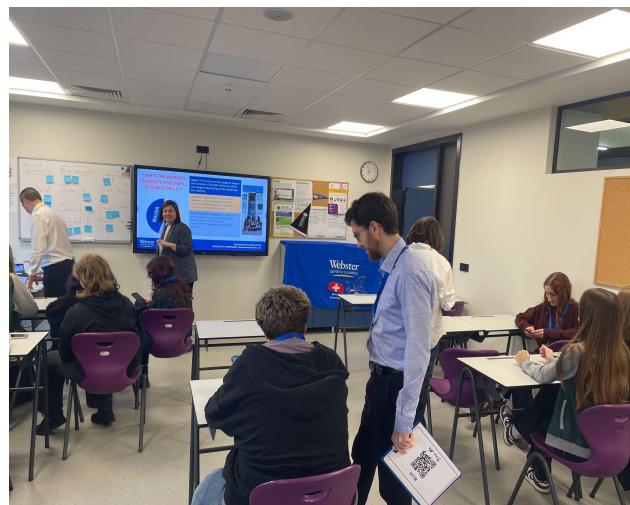
Outside the classroom, sport is a big part of her life. She enjoys watching football, rugby, and the occasional cricket match—a passion influenced by her late father and her brothers. Football banter is a long-standing family tradition. As a devoted Chelsea supporter surrounded by Manchester United, Barcelona, and Real Madrid fans, there is never a shortage of friendly rivalry and laughter. She also shares strong pride in local football teams and the Springboks, South Africa's national rugby team. Music holds a special place in her life as well. She is part of her church choir back home, where she performs a rich blend of a cappella pieces, African gospel harmonies, and traditional South African vocal styles. Deeply rooted in culture and community, this music keeps her spiritually grounded and connected.

Despite her passion for football and her ability to analyse a match like a seasoned commentator, she cannot kick a ball properly and would miss an open goal without hesitation—something she has fully made peace with. She also brought her love for spices from South Africa to Moldova, adding to her collection with every visit home. Her kitchen cupboard now resembles a small market and smells exactly like home.

Her favourite quote, “Do more of what makes you happy,” is more than a motto—it is a way of life. Moving countries, building a new life, and growing through different seasons have taught her that happiness is something one must intentionally choose. For her, this means embracing the people who bring light into her life, from her students to the colleagues at Heritage who have become a second family, staying connected to her culture through music, food, sport, and community, and choosing joy even during seasons of transition, healing, and growth.

Lyceum - University Marathon

Last Friday was a very important and unusual day for our students in IGCSE2 and AS Level. They had guest speakers and sessions from different global universities and they spent a wonderful afternoon together. Not only did they learn about the future skills, but they also had a final quiz and some teams became winners.



Primary Assembly 16.12.2025

The students of class 3A presented the final Assembly of Semester 1, where they spoke about Collaboration, an important value for Heritage International School.



View all materials at the link:

[link](#)

4E Restaurant

Some time ago, 4E created a delightful atmosphere with our Italian restaurant theme and our handmade Margherita pizzas.

We incorporated mathematics by exploring fractions because when you think fractions, you think pizza! For English, we corrected mistakes in recipes, and for Personal Development, we discussed table manners and etiquette and how to eat politely.

Each table received a menu, and the little gentlemen in our class kindly offered the ladies the chance to read the menus first. The children proudly rated our class restaurant 5/5. We are officially ready for our first Michelin star!



4E Narnia Activity

Here is one of our Narnia activities. Class 4E is currently reading *The Chronicles of Narnia* and has reached Book Three. Reading a story filled with adventure is always rewarding, but allowing students to experience and explore the world of Narnia within the classroom brings the text to life and deepens their connection to the story.



News from Primary

4E Chocolate Journey

In IPC, 4E learned all about chocolate—where it comes from, how it's made, and the challenges and issues involved in chocolate production. The children have been truly fascinated by the journey from cacao bean to chocolate bar.

They also made their own chocolate truffles using ganache, which was an absolute delight! The students learned about chocolate tempering, as well as the different proportions of cocoa butter needed to create dark, milk, and white chocolate.



4E visitor from Scotland

Class 4E recently had the wonderful opportunity to meet Mr Charles Nicolson, a British citizen and recipient of the British Empire Medal (BEM). He spoke with the students about friendship, the importance of teamwork, and how working together can help our communities thrive. To make the visit even more memorable, the children received jelly tots, pencils, and markers from their new friend, all the way from Scotland.



Getting to Know Our School Counselor – Mr. Nicolai, 3E

Our third-grade students had an introductory session with Mr. Nicolai, our school counselor. During the meeting, students learned about the role of a counselor, shared their thoughts and feelings, and explored ways to manage emotions, build friendships, and solve problems. It was an engaging and supportive session that helped students feel more confident and connected at school.



Major Events at School Starter – Romanian Group

In the final days of the year, our talented and enthusiastic preschoolers took part in a series of school events. They joyfully sang carols, performed a themed dance as marine creatures at the Christmas Show, and lovingly prepared gifts for others. Soon, they will happily discover the well-deserved presents waiting for them under the Christmas tree.



3A visited the school library

Class 3A visited the school library, where the students discovered the fascinating world of Rudyard Kipling. They learned who he was, which famous stories he wrote, and the valuable messages his works convey. It was a wonderful experience that brought us even closer to reading and the magic of books.



Chișinău, Chisinau

Fourth Graders Bring the Magic of Winter Holidays to Life Through Teamwork

The fourth-grade class presented a colorful and inspiring group project dedicated to the winter holidays. Through posters, poetry readings, and Christmas stories, the students shared their creativity and enthusiasm, capturing the joy of learning together and the magic that comes alive when ideas grow through teamwork.



2E enjoyed a truly wonderful end to the first semester.

The students of 2E wrapped up the first semester with laughter, singing, and festive fun. Highlights included a cozy pyjama party, baking, card making, and shopping with classroom cash—complete with a real-life lesson on “inflation” when a favorite toy’s price rose! A month full of learning, friendship, and the simple joys of being together.



View all materials at the link:

[link](#)

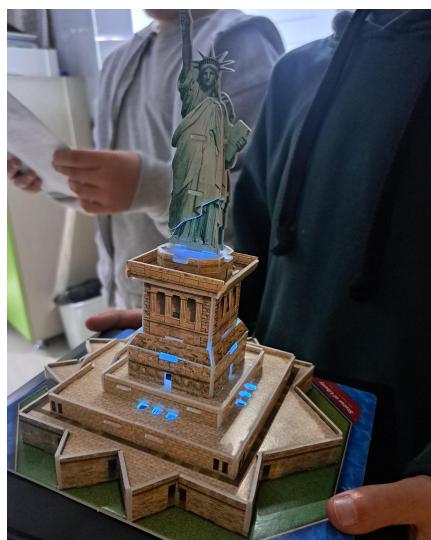
Little Helpers of Santa: A Sweet Christmas Workshop for Classes 1A and 1B

On December 17, students from classes 1A and 1B took part in a delightful Christmas workshop, where they were “enlisted” as Santa’s little helpers and immersed in a truly magical experience. The children decorated chocolate snowflakes and Christmas trees with colorful, sweet “magic dust,” using their imagination and creativity. Each creation was carefully wrapped to be taken home and shared with family, bringing smiles, warm emotions, and a beautiful reminder of the joy of collaboration and the spirit of Christmas.



Exit Point Building a Village

Exit Point IPC 4AB, Building a Village. The 4th graders built their own buildings to create a Village of the World.

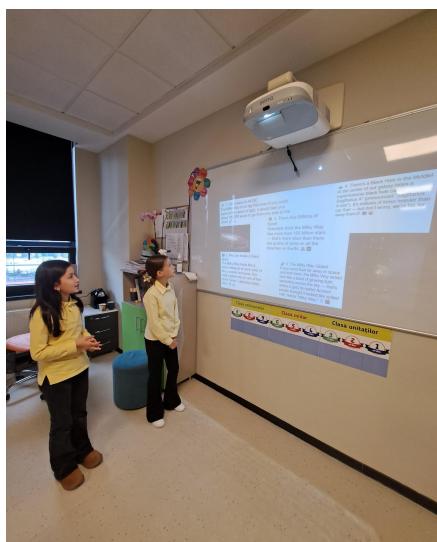
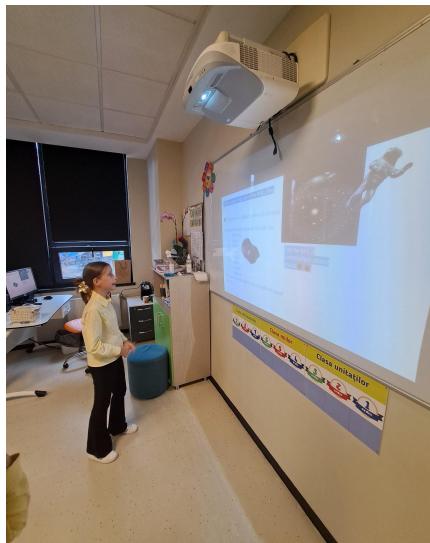
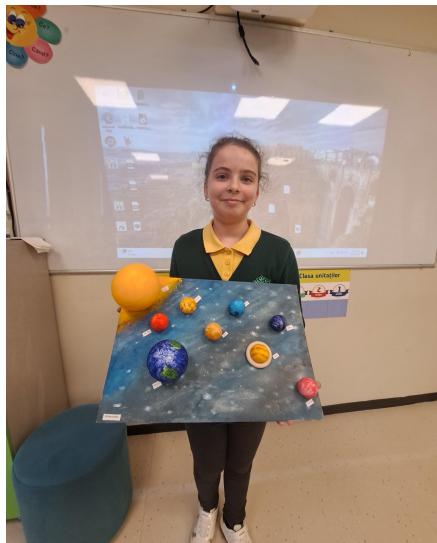


View all materials at the link:

[link](#)

Solar System

Exit Point Space Museum. The 2nd graders created a poster about a space object.



View all materials at the link:

[link](#)

A Touch of Christmas Magic in Class II-B

For their hard work and daily dedication, Secret Santa prepared wonderful surprises for the students of Class II-B. The spirit of Christmas filled both the classroom and the children's hearts, bringing smiles and warm emotions. Everyone was delighted and happy with the gifts they received!



Heritage Christmas Carols Festival

Clear voices, sincere emotions, and traditional costumes brought us closer to the spirit of Christmas. The children sang with joy and pride, filling the hall with light, smiles, and harmony—a true celebration of tradition and the Romanian spirit.



Heritage Christmas Carols Festival



View all materials at the link:

[link](#)

Grade IV-A Activity – A joyful and colorful moment captured in the classroom

Dressed in cheerful pajamas, the children proudly show the gifts received from Secret Santa, smiling and celebrating the holiday spirit together. A warm, happy, and emotional atmosphere where laughter, surprises, and friendship turn a school day into a true celebration.



5E Primary-Field Trip

An awe-inspiring trip to Saint Parackeva's Church offered our students a meaningful insight into the Christmas traditions, practices, and beliefs of the Orthodox Church. This experience helped them better understand the perspective of Christmas most common in our host country, Moldova, while giving our Orthodox students the opportunity to deepen their connection to their faith and learn fascinating facts about Moldovan traditions and the work of the iconographer. We extend our sincere thanks to Father Corneliu and Teodor Zaporojan (A-level student) for sharing this enriching experience with our 5E class.



160 Years Since the Birth of Kipling



Marine Creatures at the Christmas Celebration!

Students delighted the audience with a creative Christmas performance inspired by marine life, blending imagination, festive spirit, and teamwork into a joyful celebration.



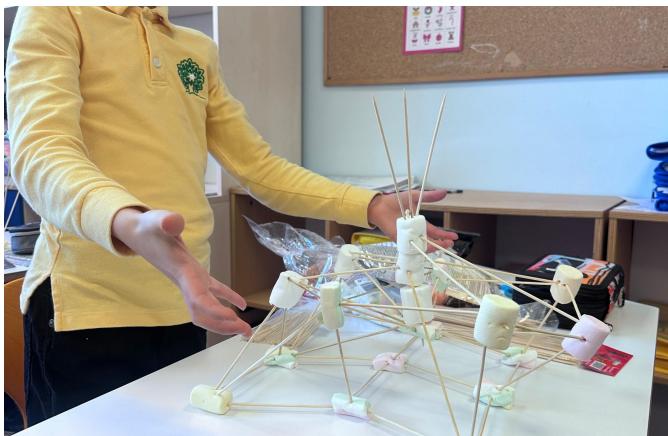
IPC project “Our Galaxy” 2nd B and C

As part of the IPC Earth and Space unit, our students proudly presented their Exit Point project, Our Galaxy. Each child designed original planets, created imaginative names, and described key features such as climate, resources, and the potential for life. Through planning and sharing their ideas, students combined scientific understanding with creativity and strengthened their communication and critical thinking skills.



Marshmallow structures project with 2nd B and 2nd C

During another hands-on project, students took on the role of architects, designing and building imaginative structures using marshmallows and sticks. They experimented with different shapes and constructions, testing ways to strengthen their buildings and maintain balance. This activity developed problem-solving skills, creativity, teamwork, and an understanding of basic structural principles.



A Journey into the World of Books

Today, the students stepped into the fascinating world of books during a visit filled with curiosity and discovery at the school library. We talked about authors, browsed volumes full of adventure, and discovered together the magic of reading in a space that inspires calm, dialogue, and a love for books.

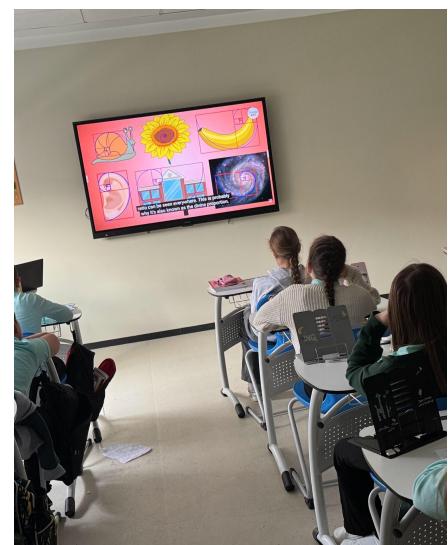
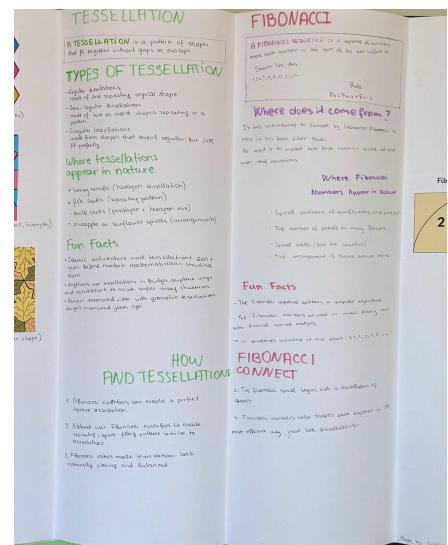
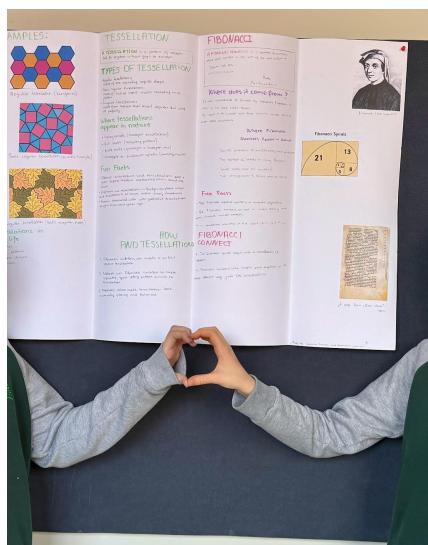
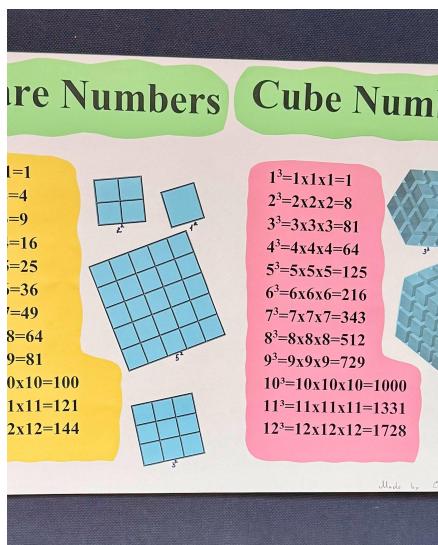
A beautiful experience that reminds us that reading opens both minds and hearts.



News from Secondary

Math Project

Students from classes 5A, 5B, and 8A explored the fascinating world of mathematics through engaging lessons on the Fibonacci sequence and tessellation. Although initially considered a challenging topic for younger students, the activities sparked curiosity and enthusiasm, with learners offering real-life examples and creating their own tessellation designs—clear proof of deep understanding and a genuine love for discovery in mathematics.



View all materials at the link:

[link](#)

Cambridge International Qualifications

Facts and figures About Cambridge International Qualifications:

Here are the the facts why the Cambridge International is famous for

- *Cambridge Assessment International Education is the world's largest provider of international education programmes and qualifications for 5 to 19 year olds.*
- *Over 10,000 schools in more than 160 countries offer Cambridge programmes and qualifications.*
- *Every year, nearly a million Cambridge learners prepare for their future with an education from Cambridge International.*
- *We are part of Cambridge University Press & Assessment, a not-for-profit organisation and part of the world-renowned University of Cambridge.*
- *The first Cambridge international exams were taken in Trinidad in 1864 by six candidates.*

Programmes and qualifications offer at Cambridge International:

Here are the facts why Heritage International School offers the qualifications of Cambridge Primary, Cambridge Secondary Checkpoint, IGCSE and GCE AS and A Level at the campus.

- *Cambridge Primary is taught in more than 2300 schools in over 120 countries. There are over 96,000 entries for Cambridge Primary Checkpoint each year.*
- *Cambridge Lower Secondary is taught in more than 3800 schools in nearly 140 countries. Every year we receive over 110,000 entries for Cambridge Lower Secondary Checkpoint, our tests for 11 to 14 year olds.*
- *Cambridge IGCSE is the world's most popular international qualification for 14 to 16 year olds. It is taken in over 150 countries and in more than 5000 schools around the world.*
- *2018 marked the 30th anniversary of the first Cambridge IGCSE exam.*
- *More than 250,000 students worldwide took Cambridge IGCSE and O Level exams in our June 2022 series.*
- *We are the world's biggest provider of O Level qualifications. Cambridge O Level is taught in over 50 countries.*
- *Cambridge International AS & A Levels are taught in over 130 countries. Over 220,000 students around the world took Cambridge International AS & A Level exams in our June 2022 series.*
- *More than 2200 universities in 90 countries formally recognise Cambridge qualifications, including all UK universities and over 850 in the US.*

For further information about Cambridge International Programmes and Qualifications, please visit the website

[link](#)

Key Dates

MOCK EXAMS CALENDAR 2025-2026

FIRST SEMESTER		
01.09.2024-22.12.2025		
MONTH	DATE	EVENT
September	26th September 2025 (Friday)	All Cambridge Secondary initial assessment data input deadline
October	Autumn Break: 27.10-02.11.2025 (7 days)	
November	24th November- 28th November 2025	Lower Secondary Checkpoint Mock Test I
	1st December -5th December 2025	Primary Checkpoint Mock Test I
December	1st December- 16th December 2025	IGCSE 2 Mock Exams I
	15th December -19th December 2025	AS/A Level Mock Exams I
Winter break: 25.12.2025 -08.01.2026 (14 days)		
SECOND SEMESTER		
09.01.2026-31.05.2026		
February	16th February to 3rd March 2026	IGCSE 2 Mock Exams II
March	Spring Break 05.03 to 08.03.2026 (4 days)	
	11th March to 18th March 2025	Primary Checkpoint Mock Test II
	16th March to 20th March 2025	Secondary Checkpoint Mock Test II
	16th March- 31st March 2025	AS/A Level Mock Exams II
	Easter Break: 11.04.2026 - 20.04.2026 (10 days)	
May	Checkpoint (Primary/ Lower Secondary) Exams	
May-June	IGCSE / GCE AS and A Level Exams	

Key Dates

Checkpoint 2026 exam timetable (Cambridge Primary and Lower Secondary)

Monday 11 May

	Syllabus/Component	Code	Duration
P	Mathematics (Primary)	0096/01	45m
P	Mathematics (Primary)	0096/02	45m

Tuesday 12 May

	Syllabus/Component	Code	Duration
LS	English (Lower Secondary)	0861/01	1h 10m
LS	English (Lower Secondary)	0861/02	1h 10m

	Syllabus/Component	Code	Duration
LS	English as a Second Language (Lower Secondary)	0876/01	45m
LS	English as a Second Language (Lower Secondary)	0876/02	35m
LS	English as a Second Language (Lower Secondary)	0876/03	40m

Wednesday 13 May

	Syllabus/Component	Code	Duration
P	English as a Second Language (Primary)	0057/01	35m
P	English as a Second Language (Primary)	0057/02	25m
P	English as a Second Language (Primary)	0057/03	35m

	Syllabus/Component	Code	Duration
P	English (Primary)	0058/01	1h
P	English (Primary)	0058/02	1h

Tuesday 19 May

	Syllabus/Component	Code	Duration
LS	Mathematics (Lower Secondary)	0862/01	1h
LS	Mathematics (Lower Secondary)	0862/02	1h

Wednesday 20 May

	Syllabus/Component	Code	Duration
P	Science (Primary)	0097/01	35m
P	Science (Primary)	0097/02	35m

Thursday 21 May

	Syllabus/Component	Code	Duration
LS	Science (Lower Secondary)	0893/01	45m
LS	Science (Lower Secondary)	0893/02	45m

[Cambridge Exam Timetable May-June 2026](#)

University Destinations



Heritage Globe



Heritage Globe

Home Teachers in the Spotlight Article Corner Literary Corner Art Corner Trivia Quiz Archive Staff

Welcome to the Heritage Globe Winter Edition of the year!

News and Events

Back copies of the International Heritage Herald can be found on our website.
Link here: <https://www.heritage.md/en/school/heritage-herald>

Student Leadership

Treasure Chest Winter Play

The story created and presented by more than 350 students was a huge success and a wonderful event! Huge thanks to our teachers , students and parents for active involvement and participation!



View all materials at the link:

[*Treasure Chest Winter Play*](#)

Student Leadership

Talent Show in Secondary School

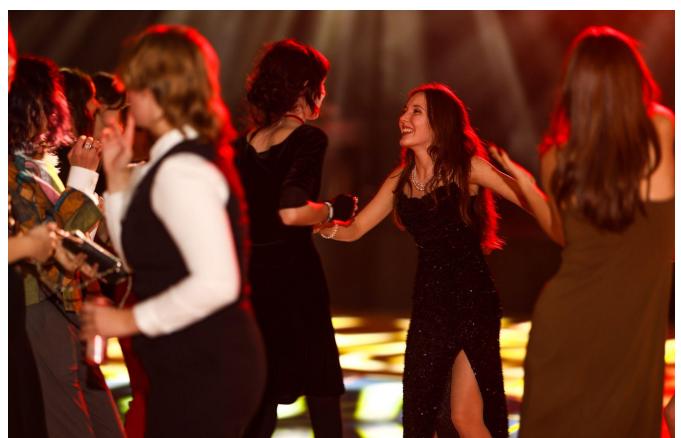


View all materials at the link:

[Talent Show](#)

Student Leadership

Winter Ball



View all materials at the link:

[Gatsby Party](#)

Otilia Turcanu – Rapid Chess Champion of the Republic of Moldova among High Schools

The competition took place at the Chess School in Chișinău on December 20–21, 2025. Otilia achieved a perfect result, winning all 6 of her games.



Clubs & Extracurricular Activities

Heritage Winter Cup

Translation:

The Heritage Winter Cup 2025 football championship has come to an end. After two weeks of matches, the final standings are as follows:

1st Place – Class 6-7E

2nd Place – Class 6A

3rd Place – Class 5A



Clubs & Extracurricular Activities

eTwinning Club students have voted!

An interesting stage for the students participating in the eTwinning project „Ring the Rhyme, Break the Spell“ is voting for the logo. The eTwinning Club students have voted!



Clubs & Extracurricular Activities

Christmas Coffee Painting Workshop

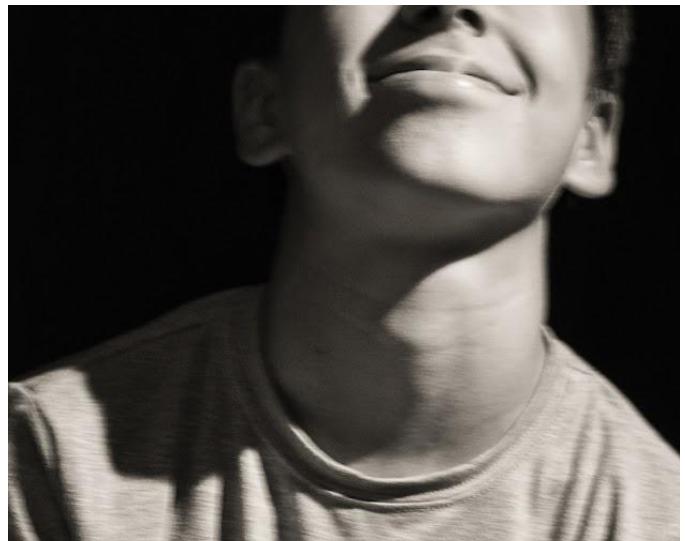


Clubs & Extracurricular Activities

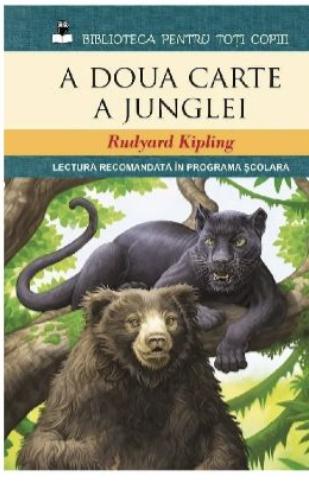
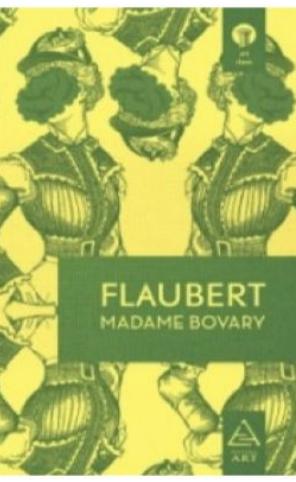
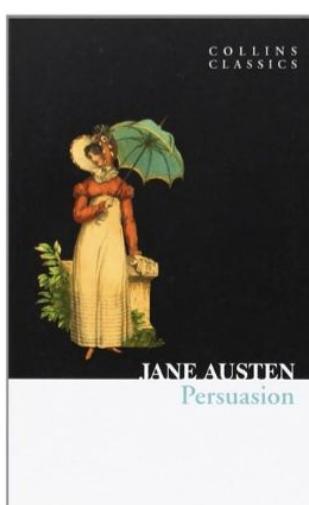
Photography Club Highlights

Within our Photography Club, we've managed to capture several interesting series of photos:

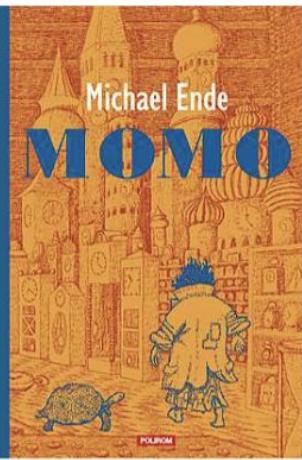
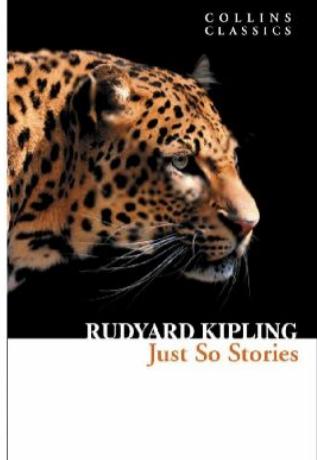
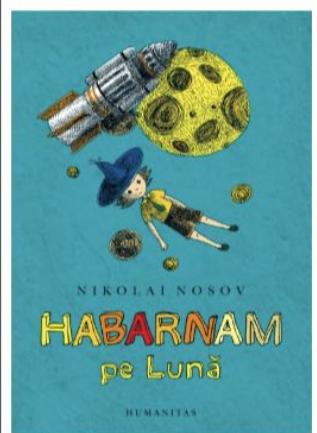
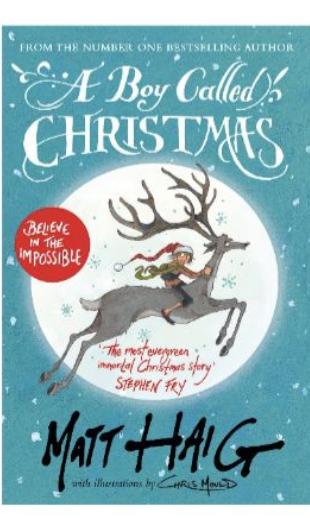
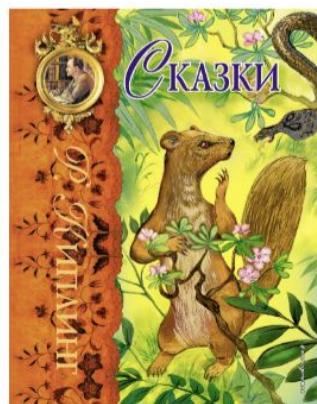
1. **Light Drawing** – experimenting with long exposure to create magical patterns of light.
2. **In the Library** – exploring the beauty of books and quiet study moments.
3. **Emotions** – capturing genuine feelings and expressions in everyday life.



EMINESCU LIBRARY BOOKS RECOMMENDS

 <p>A DOUA CARTE A JUNGLEI Rudyard Kipling LECTURA RECOMANDATA IN PROGRAMA ŞCOLARA</p>	<p>RUDYARD KIPLING <i>Adoua carte a junglei</i> Este continuarea Cărții Junglei, care explorează și mai profund poveștile lui Mowgli, băiatul crescut de lupi, și alte legende ale junglei, concentrată pe adaptarea acestuia, relațiile complexe cu animalele, confruntările cu lumea umană, legile naturii și moralitatea, oferind o viziune mai complexă asupra lumii sălbaticе și a locului omului în ea.</p>		<p>GEORGE P. WEBSTER <i>Santa claus and his works</i> This lively, rhyming story tells of Santa's year-round work to create toys for all the good boys and girls around the world. Beloved details of the story include flying reindeer, Santa's toy sack, stuffed socks, and of course Santa as a fat, jolly little elf - all familiar elements to readers today..</p>
<p>АЛОИС ИРАСЕК <i>Старинные чешские сказания</i> Одно самое популярное произведение писателя в котором запечатлены в форме древнейших легенд, исторических повестей, сказок, и пророчеств, собранные и обработанные писателем, поучительные события героической жизни чешского народа.</p>	 <p>Алоис Ирасек СТАРИННЫЕ ЧЕШСКИЕ СКАЗАНИЯ</p>	<p>GUSTAVE FLAUBERT <i>Madame Bovary</i> In această nouă traducere a unuia dintre cele mai importante romane din istoria literaturii, în versiune integrală, redescoperim povestea tragică a Emmei Bovary, o femeie cu o căsnicie nefericită, un soț mediocru, amanți egoiști și prea multe iluzii romantice. Madame Bovary este o carte provocatoare, caustică, de o ironie fără drept de apel.</p>	 <p>FLAUBERT MADAME BOVARY</p>
 <p>JANE AUSTEN <i>Persuasion</i> COLLINS CLASSICS</p>	<p>JANE AUSTEN <i>Persuasion</i> Written at the end of the Napoleonic Wars, Persuasion is a story of love, heartbreak, and the determination of a woman struggling to rekindle a lost love. Anne Elliot is persuaded by friends and family to reject a marriage proposal because he lacks wealth and rank. Seven years later, when he returns home from the Navy, Anne realizes that she still has strong feelings for him.</p>	 <p>БОЛЬШОЙ ПОДАРОК ДЕДА МОРОЗА Стихи, песенки, сказки, загадки В данный сборник вошли стихи о зиме и зимних праздниках, а также чудесные сказки и загадки о зиме и проделках Деда Мороза. Из этой книги дети узнают: почему на Рождество и Новый год мы украшаем ёлку, откуда пришёл к нам Дед Мороз, как празднуют Новый год в разных странах.</p>	

EMINESCU LIBRARY BOOKS RECOMMENDS

	<p>MICHAEL ENDE Momo</p> <p>La marginea unui oraș, printre ruinele unui vechi amfiteatră, își găsește adăpost Momo, o fetiță cu un talent aparte pe care îl folosește pentru a-și ajuta prietenii: în prezență sa, problemele devin mai puțin impovărtătoare, conflictele își află rezolvarea, iar imaginația prinde aripi, astfel ea călăorește dincolo de hotarele timpului pentru a descoperi unele secrete.</p>		<p>RUDYARD KIPLING Just so stories</p> <p>R. Kipling's collection of fables answers the questions of animals and humanity in a fun, eloquent and magical way – for children and adults alike. The wonderfully imaginative answers recall the animal fables he heard as a child in India, combined with the folk tales he collected throughout his life.</p>
<p>КАРОЛИН ЛАРРИНГТОН Зима близко</p> <p>Погружаясь в мифологию и психологизм героев, автор демонстрирует, насколько тонко Мартин погрузился в историю средневековой Европы, проникся и изучил самый широкий спектр мировых религий и фольклора, создав действительно живую реальность, с которой каждый может себя соотнести.</p>		<p>NICOLAI NOSOV Habarnam pe lună</p> <p>Porneasc spre Lună. Ideea călătoriei i-a venit lui Știot și, ca să- o ducă la înndeplinire, a construit o navă cosmică, cu care să zboare doar prichindeii cei mai disciplinați, adică bineînțeles nu Habarnam și Gogoașă. Dar lucrurile au luat o altă întorsătură: tocmai ei doi ajung primii pe Lună, unde au parte de peripeții de tot soiul cu „prichindeii lunatici”, niște prichindei cu altfel de apucături decât cei pământeni.</p>	
	<p>MATT HAIG A boy Called Christmas</p> <p>You are about to read the true story of Santa Claus. If you are one of those people who believe that some things are impossible, you should put this book down immediately. Because this book is full of impossible things. It's a story about adventure, snow, kidnappings, elves and more snow, and about a boy who isn't afraid to believe in magic..</p>		<p>РЕДЬЯРД КИПЛИНГ Сказки</p> <p>Знаменитые сказки Киплинга из книги «Сказки просто так». В них объясняется, как животные приняли свой вид, например, как появились Броненосцы, откуда у Слоненка длинный хобот, как Кит получил свою глотку, а Верблюд – свой горб, и другие</p>

At The National College, our *WakeUpWednesday* guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

GUIDING YOUNG VOICES TO MAKE A DIFFERENCE

Bullying impacts the lives of many young people. In the UK, one in five pupils aged 10 to 15 report being bullied. The effects can be long lasting, affecting mental health, school attendance and self-esteem, and can impact long-term development into adult life. Adults play a key role in building young people's confidence to speak out, support one another, and stand up to unkind behaviour. This guide offers ways to help youngsters make a positive difference.

1 CELEBRATE DIFFERENCES

Help young people value diversity by showing that what makes us different is also what makes us strong. Encourage them to learn about different cultures, identities, and abilities through books, films, and conversations. By appreciating uniqueness in themselves and others, children can grow into open-minded individuals who build inclusive and welcoming environments.

2 MODEL RESPECT

Children watch and learn from how adults behave. Use respectful language, show patience in disagreements, and treat others with fairness – especially in front of children. By modelling inclusive behaviour and challenging unkindness, adults set a lasting example that respect should be part of every interaction, whether online, at school, or at home. Be the change you want to make.

3 SPOT THE SIGNS

Adults and young people should learn how to recognise signs that someone may be experiencing bullying. This might include withdrawal from friends, hobbies or interests, changes in mood, reluctance to go to school, or unusual injuries. Helping young people recognise these clues ensures that support can be offered sooner and problems do not go unnoticed.

4 VALIDATE FEELINGS

When a child shares something that worries them, it's important to listen carefully and validate how they feel. Respond with empathy – not judgement – and let them know it's okay to feel upset or confused. Offering reassurance and understanding helps young people feel safe about opening up, and builds the trust needed to talk again in future.

5 TEACH ALLYSHIP

Show children how to stand up for others in safe, respectful ways. Allyship might look like sitting next to someone who's been excluded, reporting hurtful behaviour, or speaking up when they witness bullying. By practising these responses together, you're helping children develop the courage to be kind and to take action when it really counts.

6 PROMOTE REPORTING

Ensure young people know how to report bullying and feel confident that they'll be taken seriously. Talk to them about who they can speak to and what to expect when they do, such as reporting school incidents to teachers, and out-of-school bullying to parents or teachers. Reassure them that reporting is a brave and helpful choice – not tattling – and that it plays a vital role in keeping everyone safe.

7 ENCOURAGE KINDNESS

Everyday acts of kindness can make a big difference in creating safer, happier spaces. Encourage children to look out for one another by being helpful, saying kind words, or including someone who feels left out. These small actions set a strong example that kindness matters, and that it can be a powerful response to bullying.

8 USE YOUR VOICE

Encourage young people to speak up for themselves and others. Whether through storytelling, school campaigns, or peer-led projects, children can learn that their voice has power. Support them to express themselves confidently and safely, helping them understand that sharing experiences can challenge injustice and inspire real change in their communities.

9 BUILD COMMUNITY AND BELONGING

Children thrive when they feel supported. Help them build strong friendships, join clubs or teams, and connect with trusted adults who care. These networks offer comfort, encouragement, and protection – particularly during challenging times. Remind children that they don't have to face difficulties alone and that support is always within reach.

10 SUSTAIN THE CONVERSATION

Bullying awareness shouldn't be limited to one week each year. Create regular opportunities to talk about kindness, respect, and inclusion. Use books, news stories, and personal experiences as conversation starters. Embed anti-bullying initiatives into the school, and make tackling bullying a shared, ongoing commitment.

Meet Our Expert

Robert Allsop is an experienced pastoral and safeguarding practitioner, specialising in tutorials, behaviour interventions, and attendance management. A recipient of the Diana Award for Anti-Bullying, he has helped raise standards and improve Ofsted outcomes in some of the country's most challenging schools and colleges.

See full reference list on our website.

#WakeUpWednesday

The National College

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Introducing our safeguarding team

What is the role of a safeguarding team?

Our Safeguarding Team is committed to ensuring that all individuals are protected and cared for. They focus on:

- *The team strives to prevent harm or neglect by establishing unambiguous rules and standards.*
- *They offer the necessary training to our staff and volunteers, enabling them to identify and resolve any safeguarding concerns.*
- *The team is prepared to address any concerns that may arise, including those regarding events or allegations of unjust treatment.*
- *They offer care and assistance to anyone affected by harm, ensuring they receive the support they need to feel safe and secure.*
- *They offer strategic guidance and leadership to assist us in enhancing our safeguarding endeavors.*

Our team is dedicated to the holistic health of our community and is prepared to provide support as needed.



MEET
the Safeguarding Team



Keeping you
safe is our No.
1 priority!



LARISA MÎRZA
DSL 1
Head of Pastoral
Care & Student Wellbeing



INGA CHIOSA
DSL 2
Academic Director



We are here
to help!

IF YOU ARE WORRIED, SPEAK TO A
TRUSTED ADULT!



ADRIANA BUJAG
DEPUTY DSL
Head of Primary



TATIANA POPA
DEPUTY DSL
Head of Secondary



DORINA CALINOVSCAI
DEPUTY DSL
Head of Lyceum

Your Voice Matters—Keep Our Community Safe

We encourage parents to use the QR code to report any safeguarding or well-being concerns in a discreet manner. This easy-to-use tool helps you safely and quickly share your concerns, ensuring that each one receives attention. It also enables our pastoral team to monitor reports, identify patterns early on, and take appropriate action to prevent problems from growing. Together, we can create a safer, more supportive environment in which every child feels safe and valued.

Report Safeguarding and Wellbeing Concerns

Scan the QR code to report a concern:



Confidential: Any concerns you report will be kept private.

Organised: The school can tackle problems more effectively.

Anonymous: You don't have to give your name.

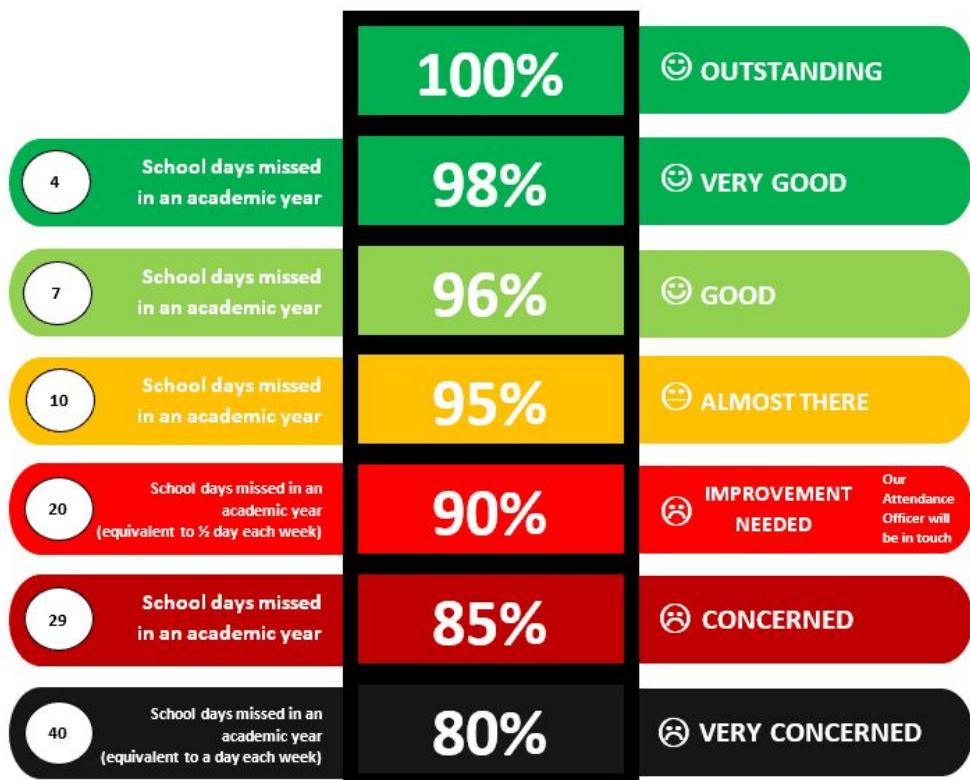
Let's promote a safer environment together.

School Information

Attendance is not just a procedural requirement; it is a fundamental factor that contributes significantly to a student's academic success by facilitating effective learning, collaboration, and overall personal development.

Children and young people who regularly attend school have better health outcomes, better employment outcomes, and higher incomes across their lives. It is important that children develop habits of regular attendance at an early age.

Attendance Ladder



Attend Today, Achieve Tomorrow!

Attendance Matters!

Students with good attendance...



Elementary
...increase reading, math and foundational skills.

Middle School
...develop meaningful relationships and communication skills

High School
...gain essential life skills needed beyond graduation

College/Work
...are successful at their jobs and/or earn degrees

Students at all levels experience less stress with good attendance!

School Information

Measures for preventing the spread of COVID-19 infection

According to the Letter from the General Directorate for Education, Youth, and Sports no. 01/16-6/2701 dated 11.09.25, “in order to ensure compliance with the measures for preventing the spread of COVID-19 infection, access to educational institutions is restricted for individuals from outside the institution. In exceptional situations, access is permitted only with shoe covers and a face mask.”

Therefore, parents' access to the school will be allowed only in cases of strict necessity, provided that masks and shoe covers are worn inside the school premises.

Best regards,

Submission of the medical certificate from the family doctor

The medical certificate issued by the family doctor must be submitted to the school if the child has shown symptoms of seasonal respiratory infections or other infectious diseases, including cases identified within the school. In case of absence for reasons other than illness, the parent must submit a signed statement on their own responsibility (in free form) confirming that the child is clinically healthy.

Water Bottles for Children

To avoid accidents caused by broken glass and to prevent injuries from hard objects, we kindly ask you to provide your child with a **reusable water bottle made of food-grade plastic**.

Birthday Celebrations

It is **not allowed to bring food from sources** other than the school canteen or cafeteria for birthdays or other events.

PREVENTION



WASH HANDS
OFTEN



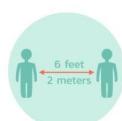
AVOID
TOUCHING



AVOID
CROWDS



WEAR
FACE MASK



SOCIAL
DISTANCING



DISINFECT
FREQUENTLY



USE
ALCOHOL BASED



STAY HOME
IF SICK

Inspirit AI program winter/spring 2026

Artificial Intelligence Enrichment Program led by Stanford and MIT Graduates

Inspirit AI is a 25-hour enrichment program that introduces middle and high school students to fundamental artificial intelligence concepts to build socially impactful projects such as disease diagnosis, pandemic tracking, art-generation, self-driving car simulation, and more! Developed and taught by our team of graduate students from Stanford, MIT, and other leading universities, students receive a personalized, interdisciplinary learning experience in small-group classrooms. No programming experience is required, and advanced cohorts are available! **Applications for spring courses are due December 31st, and for winter are due December 20th.** Please find the high school program application [here](#) and brochure [here](#). Feel free to contact the program coordinator, Jared, at jaredgreene@inspiritai.com with any questions.

A promotional image for the AI SCHOLARS LIVE ONLINE program. The background is a blue-tinted photograph of a person working at a computer, with a monitor displaying code and a video call interface. In the top right corner, there is a circular logo with a lightbulb icon and the text "INSPIRIT AI". The main title "AI SCHOLARS" is in large, bold, white capital letters, with "LIVE ONLINE" in a slightly smaller white font below it. Below the title, the text "Artificial Intelligence Intensive for High School Students" is written in white. At the bottom, it says "By Stanford and MIT Alumni and Graduate Students" and "Apply at [inspiritai.paperform.co](#) | [www.inspiritai.com](#) | +1 240 226 1366".

AI SCHOLARS
LIVE ONLINE

Artificial Intelligence Intensive for
High School Students

By Stanford and MIT Alumni and Graduate Students

Apply at [inspiritai.paperform.co](#) | [www.inspiritai.com](#) | +1 240 226 1366

Immerse Essay Competition - deadline extended for Round 2!

Make the most of the festive break - Enter the Immerse Education Essay Competition R2!

Step into a global competition designed for students who want to think deeply, write boldly, and challenge themselves academically. Since 2020, they've celebrated outstanding essays with awards that combine prestige, opportunity, and academic growth, from publication and verified credentials to exclusive academic workshops and full or partial scholarships for their selective university and career preparation summer programmes in Cambridge, Oxford, London, and beyond.

[Register your interest here, and receive the competition guide.](#)

Submission Deadline: 14th January 2026

immerse
EDUCATION

Round 2 Deadline: 14th January 2026

Essay Competition

The Immerse Education Essay Competition invites students aged 13–18 to submit a 500-word essay. Choose a topic from our list of over twenty subject-specific questions or create your own 'open question' to explore something else you're curious about.



BOSTON CAMBRIDGE LONDON NEW YORK OXFORD SAN FRANCISCO
SINGAPORE SYDNEY TOKYO TORONTO ONLINE

Participate in the Immerse Education Essay Competition to join a prestigious global contest that recognises ambitious students for their originality, depth of thought, and academic excellence.

Why Participate?

- Gain academic recognition.
- Strengthen research, writing, and critical thinking skills and university applications
- A chance to win scholarships to attend an Immerse programme at leading university locations worldwide!

The Immerse Education Essay Competition is highly selective, receiving thousands of entries each year. The competition comes with the exclusive academic opportunity to showcase your potential, refine your skills, explore new ideas, and connect with ambitious peers from around the globe.

Register your interest to receive the essay guide, email reminders and FAQs.
Scan the QR code
WWW.IMMERSE.EDUCATION



MAIN CONTACTS

Social Media:

[facebook](#)

[instagram](#)

[twitter](#)

[linkedIn](#)

Contact us:

[+373 620 222 10](tel:+37362022210)

Back copies of the International Heritage Herald can be found on our website:
<https://www.heritage.md/en/school/heritage-herald>

Heritage Director:
director@heritage.md

Academic Director
inga.chiosa@heritage.md

Head of Primary School:
bujag.adriana@heritage.md

Head of Secondary
tatiana.popa@heritage.md

National Secondary Coordinator:
ecaterina.bors@heritage.md

Head of Lyceum:
dorina.calinovscaia@heritage.md

Transportation service:
transport@heritage.md

Catering services:
meals@heritage.md

Admission:
admission@heritage.md

Exam officer:
cambridge.exams@heritage.md

Pastoral Care:
larisa.mirza@heritage.md

Absences:
attendance@heritage.md

Governors:
governorsclerk@heritage.md

English language courses for children and adults:
language.academy@heritage.md

Admin Kinderpedia:
admin.kinderpedia@heritage.md

Uniform:
uniform@heritage.md