



HERITAGE
International School



THE INTERNATIONAL HERITAGE HERALD

April 1, 2022



GENERAL

Thought for the week:

"It is spring again. The earth is like a child that knows poems by heart." - Rainer Maria Rilke

Director's weekly notes- "The view from Dacia Boulevard"

The view from Dacia Boulevard at the end of Week 27, and the start of April, is one of much needed "normality". And yes, I am very conscious of how loaded this once simple word has become in the 2020s lexicon of pandemic and war. I made the central point in my Gymnasium assembly on how we manage our stress, that we function better when we focus on the things we can control, rather than the things we cannot. That is why it felt a very normal week at Heritage this week and it's good to see the students, across the school, benefiting from the certainty of their education in these times. I have to single out my wonderful colleagues in the Cambridge IGCSE and A Level teams, led with aplomb by Mrs. Liliana and Mrs. Rose, respectively, for the way they have got the students into preparing their portfolios for external Cambridge grading. Their professionalism and duty of care is one of things I am so proud of about our school.



I have also enjoyed seeing the energy and activities from the primary school this week. I loved the traditions of hanging the martisoros on the tree for good wishes and a huge thanks to Mrs. Livia for the superb Romanian language event in the Eminescu Library (where else?) this week. The pictures are in this week's IHH. I was also very proud of the primary school student council involved in the Global School Alliance international council event and I am never tired of seeing the development of decent future leaders from this generation. Although our Science Week and Fair are later this month, the students have also been involved in lots of exciting experiments for their curiosity as much as for their curriculum.



Our students continue to show their social responsibility and civic duty as we are supporting at the moment child refugees in western Ukraine and also the Association of Deaf People of Moldova on the 8th April. My thanks to the Gymnasium student council and Loredana Sandu for the latter here. I know the Easter break is only 3 weeks away but we still have a lot to do still and it's been nice this week to begin real, concrete planning for events like Sports Day, local educational visits, Primary Graduation, Founders' Day and International Week. After two years, relative "normality" is a whole new concept for us to get used to again. We also continue to hope and pray for peace in Ukraine and for the war to stop. Normality cannot come soon enough for neighbours in Ukraine.

Have a great weekend, snow forecast for Sunday.
We know this is not a normal year.

Rob Ford
Director



Heritage in the Wider World:



British Council Schools
@Schools_British

Great to see this article 'Making the diversity, equity and inclusion mission of your school mean more than just words' @HIS_Moldova #inclusiveeducation #SLTchat

Hannah Wilson (She/Her) @Ethical_L... · 6h
Today's @DiverseEd2020 blog is by Rob Ford @HIS_Moldova

Making the DEI mission of your school mean more than just words.

diverseeducators.co.uk/making-the-dei...

#DiverseEd



Jami Edwards-Clarke
@JAE1510

More than just words. Action, careful planning and a zero tolerance to any form of discrimination. Well said Rob @HIS_Moldova

Hannah Wilson (She/Her) @Ethical_L... · 6h
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diverseeducators.co.uk/making-the-dei...

#DiverseEd



Vik
@MrsV_MM10

"Your school culture is not international because it says it in the title."

This, so many times.

Excellent blog about @HIS_Moldova's DEIJ work. I wish all international schools understood that DEIJ is just as important as safeguarding because it is about protecting our Ss.

Hannah Wilson (She/Her) @Ethical_L... · 6h
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#DiverseEd



Five Super Cool Offline and Online Coding Activities

Published: 01/04/22

#Digital & the Future of Learning, #Early Years Learning, #STEM, #Teaching Theory, Practice & Implementation

Commentary Article



Anna Maria Cires
Teacher of Computer Science and Robotics, Heritage International School

Anna Maria Cires explains how very young learners can grapple with coding concepts – even without the computer

In my previous article *5 Reasons Why Programming is Important for Young Ages* we discussed the benefits of starting to learn programming from an early age. In this article, we will continue discussing the same topic with a focus on which tools and methods can be used in the teaching process.



Cires Anna Maria
@AnnaCires

How can we teach coding to children from 4-5 years old without computers?

Read about it in my latest article: Five Super Cool Offline and Online Coding Activities bit.ly/3uFOL60

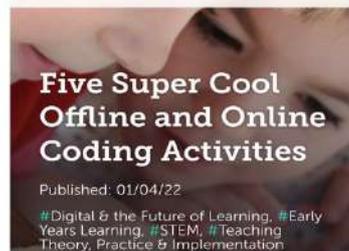
Thank you @I_S_Network for opportunity to share this article



Five Super Cool Offline and Online Coding Activities

Published: 01/04/22

#Digital & the Future of Learning, #Early Years Learning, #STEM, #Teaching Theory, Practice & Implementation



International Pupil Council
@IPC Hull Freetown

The students from Moldova shared the work they are doing to help the Ukrainian refugees in the GSA Global Pupil Council this week. Very emotional listening to their wonderful efforts to help fellow human beings. 🍌🍌🍌🍌🍌🍌

HIS_Global_Education @his_global · 18h

Highlights of our global week - our virtual connections with @GSchoolAlliance and @eTwinningEurope partners! @HIS_Moldova students being in touch and sharing with other schools in the world! @COBISorg #GSA #eTwinning



<https://isn.education/articles/open/five-super-cool-offline-and-online-coding-activities/>

Heritage Globe:

The March edition of the Heritage Globe is now available! Be sure to check out all the great articles, art, and poetry. You can also go into the Archive to look through older editions.

If you don't already, you can follow the Heritage Globe on social media:
Instagram: [heritage.globe](https://www.instagram.com/heritage.globe)
Twitter: [heritage.globe](https://twitter.com/heritage.globe)



Articles of interest:

- **Child Aid; Esther House, Moldova.** Esther House, Moldova is a day centre for children aged 5-15 who are at risk. They are from poor families, often left with relatives or neighbours as parents work abroad, or are in single parent families or from families where there is alcohol abuse and violence. The Centre is open five days a week and children arrive after school from 1pm onwards. It is also open during school holidays. It supports 70 children - with 20-25 attending each day; <https://www.childaidee.org.uk/esther-house-moldova-resources>

- **Supporting Conflict Victims.** Since the annexation of Crimea and the separatist's war in the southern regions of Donetsk and Luhansk, the tragic invasion of Ukraine has shocked the world. Lives which were already difficult have become more precarious. There is a constant flow of refugees and more are becoming homeless, there will be more orphans, there will be more suffering, there will be more hardships. ChildAid's partners in Ukraine and Moldova are, where it is safe and practical, already doing what they can to help and will be doing much more. Our centres are being used as bomb shelters or refugee homes. Clothing, bedding, food, nappies, medicines are all in desperate need; <https://www.childaidee.org.uk/Appeal/ukrainewar>

- **BOOKS ABOUT REFUGEES FOR AGES 8-13;** <https://www.whatdowedoallday.com/books-about-refugees-for-ages-8-13>

- **Help refugees in Moldova - Aide aux réfugiés;** <https://www.gofundme.com/f/soutien-aux-rfugis-en-moldavie>

- **Helping Ukrainians Directly.** Easy ways to get money to people in Ukraine right now; <https://snyder.substack.com/p/helping-ukrainians-directly?s=r>

- **Supporting refugees:** The government of Moldova has opened an account for humanitarian donations in support of the refugees in Moldova. Everyone can make a donation through the Mpay @eGovCenterMD Electronic Payments Service: <http://bit.ly/3In9tvq> or directly to the bank account: https://mpay.gov.md/Services/Service/UA001?fbclid=IwAR3KwAFWUBrD_ikob_xSdT4s1rSyA3DJXbzBiR8KHOKr-WMJrQ4vyk7diC4&lang=en

- **Supporting children article:** 'They're entitled to know the world isn't always a safe place': how to talk to your children about the permacrisis; Guardian:

<https://www.theguardian.com/lifeandstyle/2022/mar/23/theyre-entitled-to-know-the-world-isnt-always-a-safe-place-how-to-talk-to-your-children-about-the-permacrisis>

- **Save The Children Iași** has helped transport, feed and host 6,000 refugees from Ukraine via Moldova into Romania, including children from two orphanages in Odesa and Mikolaev. One of our colleagues, Victor Verejan, is directly involved in helping transport refugees via Moldova to Romania. Now, however, Save the Children Iași has run out of resources. 10 bus journeys organised from Ukraine to Iași, Bucharest and Timișoara have cost them 15,000 euros. In addition to transport, Save the Children Iași also provides food and tents. All costs are accounted for transparently. For donations from companies, they can also organise sponsorship contracts: <https://chuffed.org/project/savethechildreniasi>

- **Supporting Animal Welfare in Ukraine:**

Co-founder of UAnimals Olga Chevganyuk

+380 98 553 07 37

Vladimir Topchiy (±380 67 515 77 86 his mobile) the director of a zoo in Nikolaev, they do not have enough food for animals: <https://linktr.ee/uanimals>

Lena Baran. I am in Ukraine and I speak English. You can give my contacts: +380633918986 WhatsApp and signal. Email: elen.baran@gmail.com

The rest of the dogs from the balka are alive and ok. Our first needs are dry dog food (we've got more than 360 dogs) .We received humanitarian aid once, but this is not enough for such a big amount of animals.and yes, we have a volunteer Iryna, she speaks English and can answer any questions. Here is her number : +380979264797 (What's app, or Viber) - This is Pegasus Shelter in Dnipro.

Radio Free Europe Article: 'I Will Never Leave': The Ukrainian Dog Shelter Caught Up In War: <https://www.rferl.org/a/ukraine-dog-shelter-dnipro/31770600.html>

- **Time Magazine;** 'Is Gaining Knowledge a Sin?' Afghan Girls Contemplate a Future Without Schools After the Taliban Backtracks: <https://time.com/6161647/taliban-afghanistan-girls-schools-response/>

Heritage Primary:

Trophy for the most organized class -2B



“Winners never quit, and quitters never win.”



Mărțișor: the symbol of spring, Mărțișor is worn for the entire month of March, after which it is hung on the branches of a fruit tree. It is believed that if someone makes a wish while hanging the Mărțișor, it will be fulfilled.



School Starter: The Song of the Sun.

Children encounter music at home, in their everyday cultural environment, and while at play. Music plays an important role in child development, it has a direct line to our feelings and touches the child's soul.



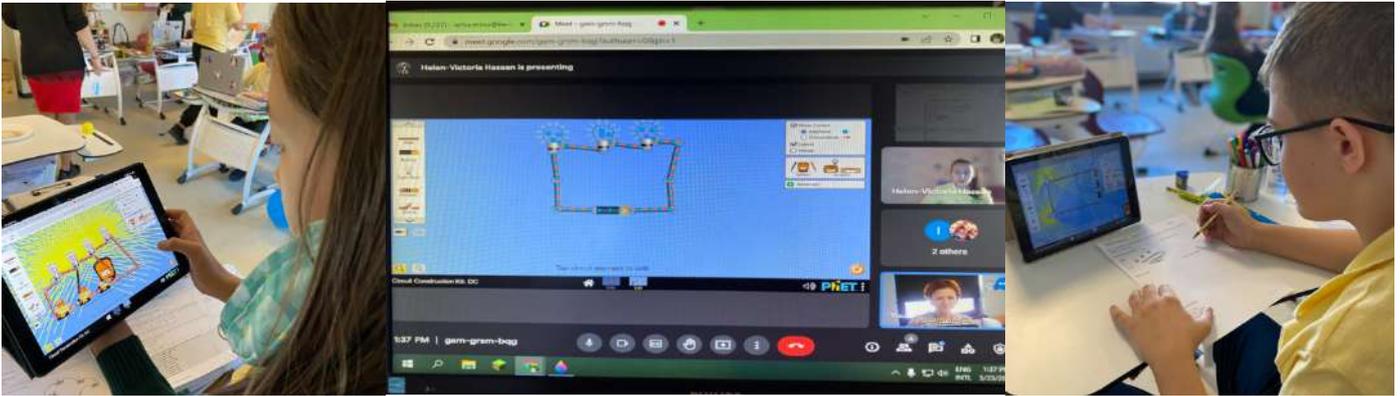


IPC lesson "Full Power": Static electricity experiment. How can you separate salt from pepper? 5E students were excited to conduct this experiment with a negatively charged balloon and had lots of fun!



The best way to learn about Electric Circuits is by building your own ones. 5E students had a hands-on activity at the IPC lesson, where they tested their own electric circuits and drew diagrams for circuits thus learning their components.



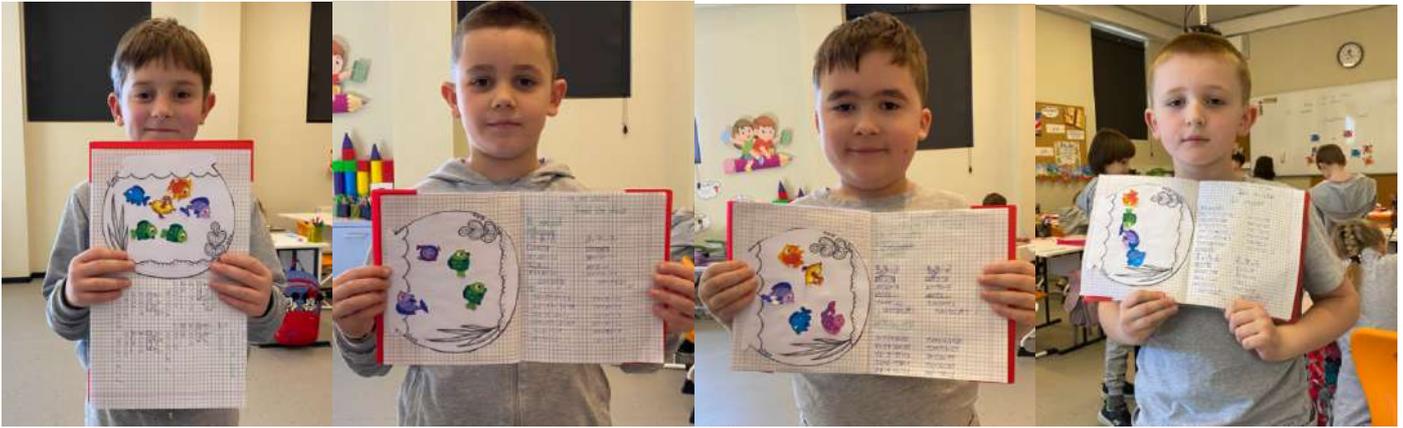


IPC: I'm a drop of water!



Mathematics in 1A: Recapitulation and fishing exercises, addition and subtraction of numbers within 20, exercises, equations and problems





3A students discovered the wonderful world of #3Dshapes, designed and realized them! It was funny!



Study buddy group: Primary Student Council members started their Study Buddy Group. Alica Sauleac, 4 E had her first experience with 1 A students. It's a long journey but the first step was made!



Math 5 E- Percentages. This fun percentage dominoes game has reinforced the pictorial and number connection and representation for 5 E students in an engaging and exciting way.



This week, 6E worked together to summarise and create their own information reports about recycling. The students enjoyed working as a group and creating texts with the correct structure and features of an information text.



In Science, 6E has been learning about conductors and insulators of electricity. 6E first had to create their own circuits and ensure they worked. They knew they were successful when their light bulb lit up. Students then tested a range of materials such as scissors, coins, paper clips and plastic straws, to see whether they were conductors or insulators of electricity. 6E worked well in groups and had a great time exploring electricity.



3B students enjoyed their new experience in Music lesson, drawing while listening to music provides an opportunity for students to imagine and associate, leading to holistic listening experience. The personal qualitative listening experience triggered by music can be revealed in their drawings.



Trip to the Zoo: students from 2-E had a wonderful trip to the Zoo! After looking at the animals, they were asked to draw their favourite animal's shadow.



Outdoor Arts lesson in 2A



2 A Music lesson: seven little notes. "If we didn't have a soul, music would have created it for us. - Emil Cioran

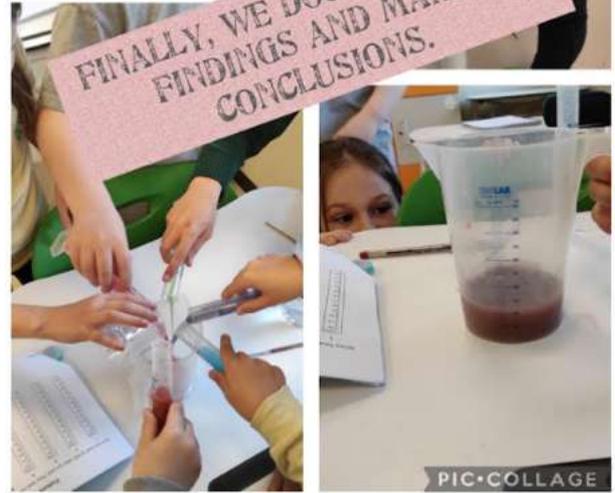
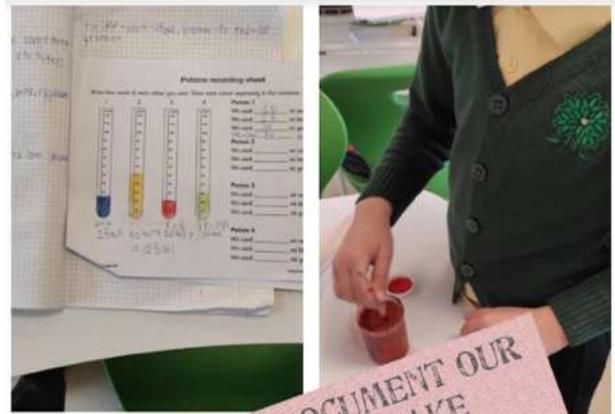


Origami pizza at technology lessons





3E Mathematics: Exploring Capacity with potions



At the Science lesson, students from 2-E were asked to make a musical instrument, but they had to plan it beforehand.



At the Math lesson, we had a Math Marathon. Students were moving and making calculations.



Meet eTwinning: a beautiful week that ends with a pleasant meeting with partners from Croatia and Italy. The students exchanged ideas, information about their countries, about the next stages of the eTwinning project "International Cats Calendar".

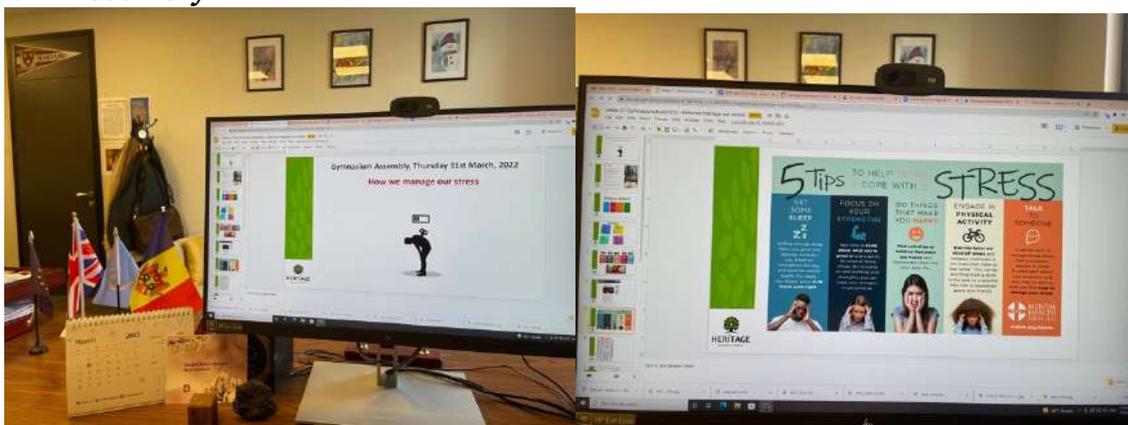


School Starter students welcome the birds coming back from the warm countries



Heritage Gymnasium:

Gymnasium Assembly

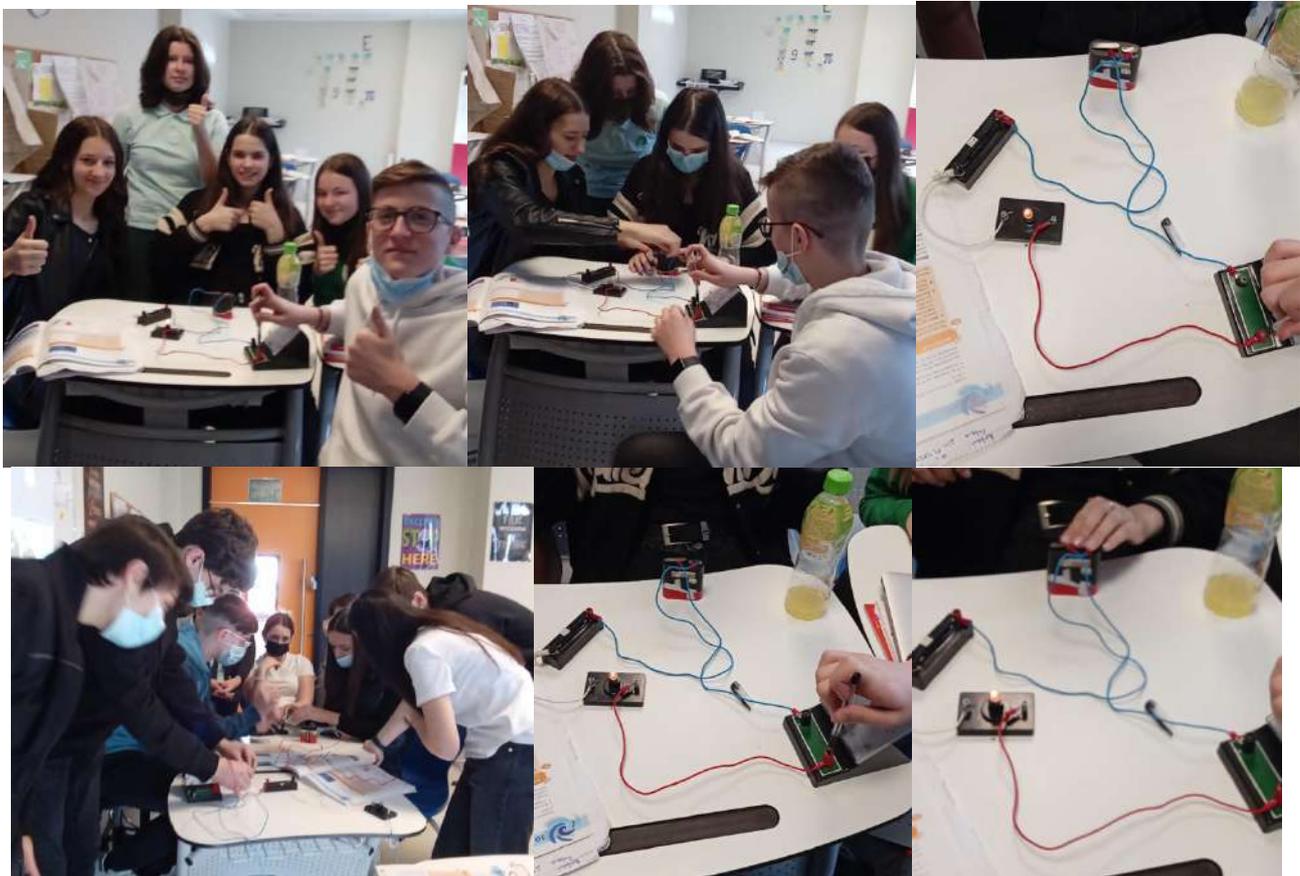


- Tips for effective exam preparation: <https://blog.cambridgeinternational.org/tips-for-effective-exam-preparation/>

We learn to preserve the spiritual heritage of our ancestors. In the Romanian language and literature lessons, the 7th grade A students learned about popular mythology, about the beliefs and superstitions of our nation. Ruxanda and Domnica, two characters from Ion Druță's novel "Frunze de dor" were casting spells to see the destiny of their lives. We tried too and learned while having fun!

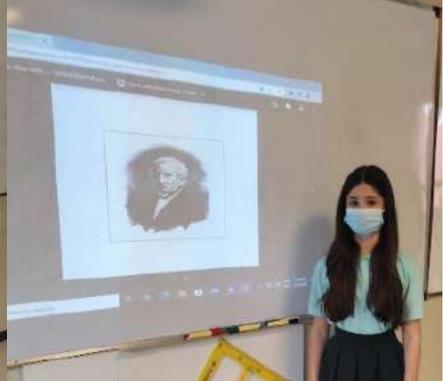
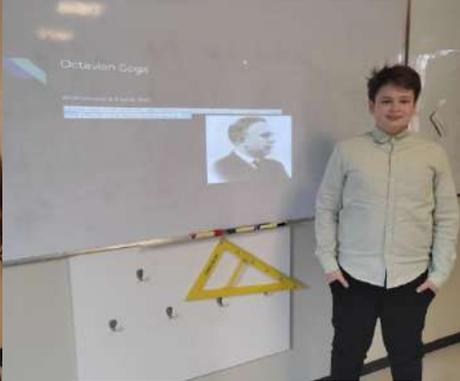
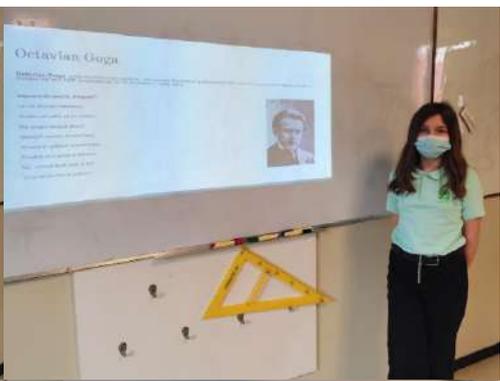


9E students making circuits in Science lesson



Romanian Language and Literature Week





Heritage Lyceum:

HERITAGE
International School

Recommended Cambridge International A Level subjects for the most popular careers

Heritage Lyceum is the only one in Moldova providing the Cambridge curriculum and globally recognized AS and A Level qualifications.

Heritage Lyceum learners become:

- confident**
- responsible**
- reflective**
- innovative**
- engaged**

HERITAGE
International School

Within the Cambridge International AS & A Level Program

Heritage Lyceum is the only one in Moldova providing the Cambridge curriculum and globally recognized AS and A Level qualifications.

The admission campaign for Heritage Lyceum (grade 11) is now open. A world-class education, studying exclusively in English, Cambridge International qualifications and a phenomenal academic experience – it can all be yours! We recommend you send your application by 31st March 2022.

Learn more and apply here:

The Admissions Process for our Lyceum and Cambridge International A Levels 2022-24 is now underway. Further details here: <https://fb.watch/aMTOPcPDA0/> <https://www.heritage.md/en/learning/lyceum>



Top 20 universities in the world*

The top 20 universities in the QS, Times Higher Education and Shanghai World University Rankings all accept Cambridge International A Levels. Search Cambridge International's recognition database to find out more about the universities below and their admission policies. Go to: www.cambridgeinternational.org/recognitionsearch

University name	QS Ranking	THE Ranking	Shanghai Ranking	Cambridge International A Level Recognition
Massachusetts Institute of Technology	1	5	4	✓
Stanford University	2	2	2	✓
Harvard University	3	3	1	✓
California Institute of Technology	4	4	9	✓
University of Oxford	5	1	7	✓
ETH Zurich – Swiss Federal Institute of Technology	6	14	Not in rankings	✓
University of Cambridge	7	6	3	✓
Imperial College London	8	11	Not in rankings	✓
University of Chicago	9	10	10	✓
University College London	10	16	17	✓
National University of Singapore	11	Not in rankings	Not in rankings	✓
Princeton University	12	9	6	✓
Nanyang Technological University, Singapore (NTU)	13	Not in rankings	Not in rankings	✓

Top 20 universities in the world* continued

University name	QS Ranking	THE Ranking	Shanghai Ranking	Cambridge International A Level Recognition
EPFL – Ecole Polytechnique Federale de Lausanne	14	Not in rankings	Not in rankings	✓
Tsinghua University	15	=20	Not in rankings	✓
University of Pennsylvania	16	13	15	✓
Yale University	17	8	11	✓
Cornell University	18	19	12	✓
Columbia University	19	17	8	✓
University of Edinburgh	20	Not in rankings	Not in rankings	✓
University of California, Berkeley	Not in rankings	7	5	✓
Paris-Saclay University	Not in rankings	Not in rankings	13	✓
University of California, Los Angeles	Not in rankings	15	14	✓
Johns Hopkins University	Not in rankings	12	16	✓
University of California, San Diego	Not in rankings	Not in rankings	18	✓
University of Washington	Not in rankings	Not in rankings	19	✓
University of California, San Francisco	Not in rankings	Not in rankings	20	✓
University of Toronto	Not in rankings	18	Not in rankings	✓
Duke University	Not in rankings	=20	Not in rankings	✓

*According to QS, Times Higher Education and Shanghai world university rankings.

[Learn more!](http://www.cambridgeinternational.org/recognition) For more information on recognition go to www.cambridgeinternational.org/recognition



Cambridge IGCSE Guide for parents <https://drive.google.com/drive/u/2/my-drive>

Cambridge guide for AS and A Level for parents

<https://www.cambridgeinternational.org/Images/268772-cambridge-international-as-a-level-a-guide-for-parents.pdf>

Global Education:

Several representatives of the Heritage Student Council participated in a meeting with other students from India, Philippines, Northern Ireland and the United Kingdom today. This series of events is part of GSA Student Council initiative, which unites students from different corners of the world. They listened to other students sharing about their activities and they spoke about what they do at Heritage- student leadership through Student Council, but also how our community responds to the refugee arrival from Ukraine and the actions we take to help.

Lastly, they chose next activities for GSA Student Council. Next meeting will take place in May.



We started the month with martisors (grade 1 creating doves for peace and Martisors) and we finish it with children hanging martishors on the trees outside. Martisor is not just a symbol of the coming of spring, of revival and sunshine, it is also a symbol of Hope - it's hope that we give others, together with love and affection.



Heritage Creativity:



- Video competition on energy efficiency. The "Film4Energy Challenge" encourages students aged 12-15 to create short videos on energy efficiency and benefits of saving energy:

https://energy.ec.europa.eu/topics/energy-strategy/energy-youth/video-competition-energy-efficiency_en

Film4Energy Challenge now extended to 31st March!

First graders used their knowledge of collage and learned what mixed-media is when they created these wonderfully fun and colorful hot air balloons. They found out how hot air balloon flies and we managed as well to do an experiment at the beginning of the lesson with hot water, a simple bottle and a balloon, to see how hot air raises the balloon up.





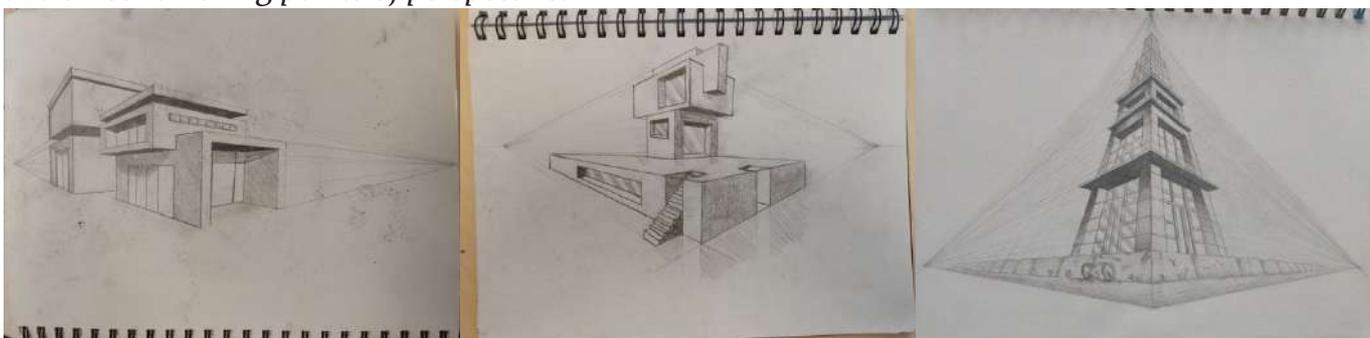
3 E students learned and experimented a new technique of printmaking.

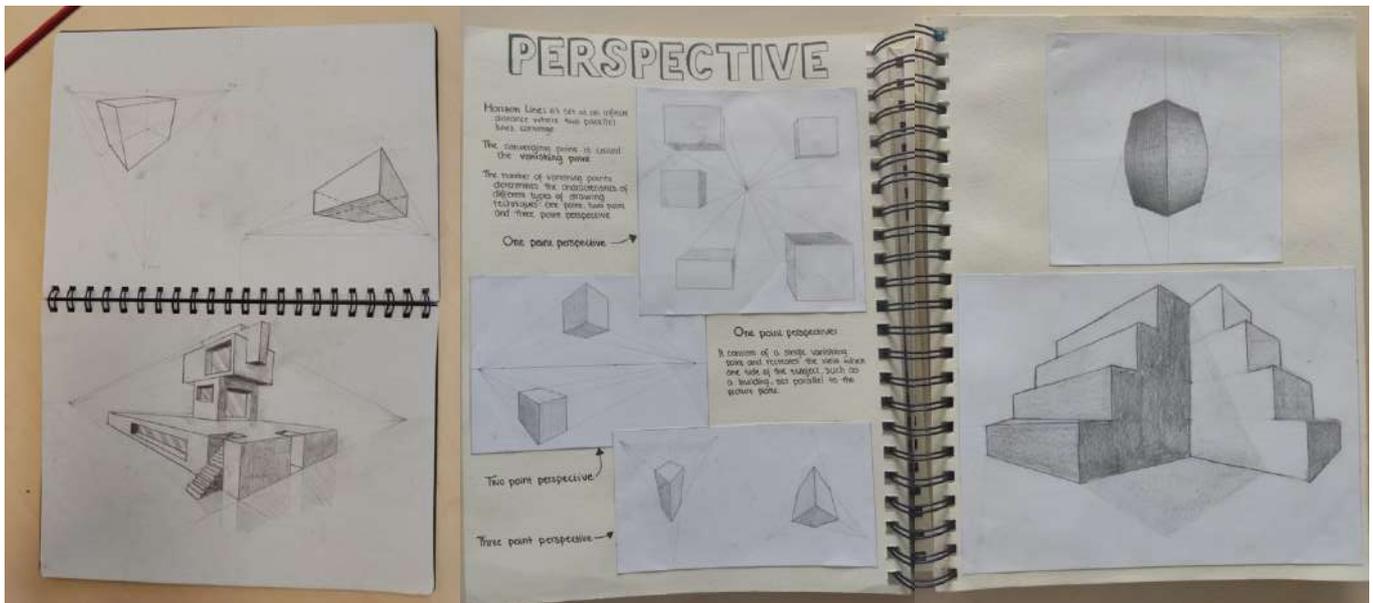


5th graders have been asking me for a long time when they will draw anime. Finally, we tried together this kind of drawing style, in my opinion it was a successful attempt. Look at the wonderful drawings that they have drawn. Bravo!

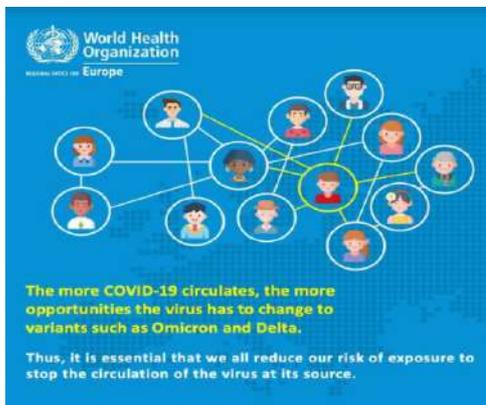


IGCSE 1-1, 1-2 studied about linear perspective. The students drew cubes and architecture in one, two and three vanishing points of perspective.





COVID-19 measures:



Below are presented legal requirements in conditions of epidemiological safety for the prevention of the disease with the virus SARS-CoV-2:

· Order no. 1070 of 22.09.2021 "On the intensification of precautionary measures, prevention and epidemiological control in primary and secondary education institutions, cycle I and II" <https://chisinauedu.md/ordinul-nr-1070-din-22-04-2021/>

· Instructions regarding the measures for organizing the activity of the primary, gymnasium, high school educational institutions for the 2021-2022 academic year, in conditions of epidemiological safety for the prevention of the disease with the virus SARS-CoV-2, approved by Decision Nr. 60 from 23.08.2021 https://gov.md/sites/default/files/hotarare_cnesp_nr.60-redactat-ro.pdf

· Decision of the Extraordinary Public Health Commission of Chisinau No 42 from 25.08.2021 <https://chisinauedu.md/hotararea-cespmc-nr-42-din-25-08-2021/>

· Decision of the Extraordinary Public Health Commission of Chisinau N^o 63 from 08.10.2021 https://gov.md/sites/default/files/hotarirea_cnesp_nr.63_08.10.2021.pdf

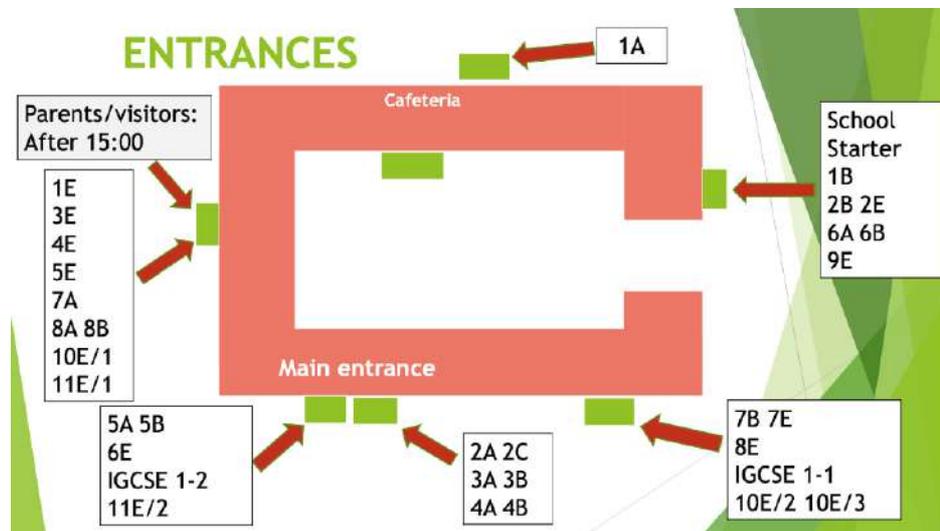
Due to Covid restrictions this academic year our school follows the rules according to the "A safe return to physical school strategy and matrix 2021-2022": <https://www.heritage.md/en/school/coronavirus-updates>

IMPORTANT UPDATE: according to the Decision of the Extraordinary Public Health Commission of Chisinau from 03.02.2022, in case of a class quarantine for 10 days, the **return**

to classes with a physical presence can be resumed after the 5th day from the date of confirmation of the positive case for those pupils who present a negative test result for the SARS-CoV-2 virus, performed in the last 24 hours. Negatively tested pupils may end the quarantine period after 5 days if in this period no symptoms of COVID-19 have been reported. For pupils who end the quarantine period after 5 days based on a negative test, daily monitoring of symptoms is mandatory until the 10th day. Vaccinated students or the students who have had COVID within the last 90 days should not quarantine.

If your child has any symptoms of acute viral respiratory disease, including temperature higher than 37.0°C, parents should not send the child to school and ask for a medical assistance. For children who have been tested positive with Covid-19 and in case of any disease, for return to school it is mandatory to present the medical certificate with the 3 stamps, as a confirmation that the child can attend groups of children.

Distribution of the entrances for each grade is presented below:



Uniform:

We remind you that wearing uniform is mandatory for all the students grade 1-10. Following the link below, you can find the School Uniform Presentation. Lyceum students' dress code will be black and white smart casual to 'office wear'.

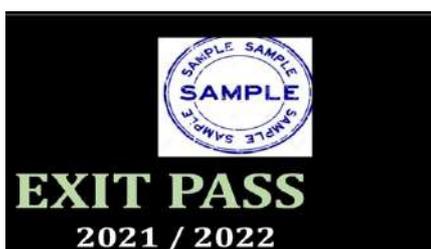


School Exit Pass:

We have a new exit format for leaving the school premises before 4 o'clock provide even more security for your child. Children will be allowed to leave school only if your permission is confirmed by phone or text message/email to the homeroom teacher or directly to the reception. At the moment children receive a temporary Exit Pass that allows them to leave school. In order to have better functioning it is very important to use a permanent Exit Pass. In this case we ask parents to complete the attached form with the time they allow our students to leave the school, and present it to the homeroom teacher or leave it at the reception.

Thank you very much for your involvement. The safety of your children is our priority.

Temporary Exit Pass



Permanent Exit Pass

EXIT PASS				
PHOTO		Name, Surname		
Grade				
M / L	T / M	W / M	T / J	F / V
13:00	13:00	13:00	13:00	13:00
14:00	14:00	14:00	14:00	14:00
15:00	15:00	15:00	15:00	15:00
16:00	16:00	16:00	16:00	16:00

Active April 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1 Commit to being more active this month, starting today	2 Spend as much time as possible outdoors today	3 Listen to your body and be grateful for what it can do
4 Eat healthy and natural food today and drink lots of water	5 Turn a regular activity into a playful game today	6 Do a body-scan meditation and really notice how your body feels	7 Get natural light early in the day. Dim the lights in the evening	8 Give your body a boost by laughing or making someone laugh	9 Turn your housework or chores into a fun form of exercise	10 Have a day free from TV or screens and get moving instead
11 Set yourself an exercise goal or sign up to an activity challenge	12 Move as much as possible, even if you're stuck inside	13 Make sleep a priority and go to bed in good time	14 Relax your body & mind with yoga, tai chi or meditation	15 Get active by singing today (even if you think you can't sing!)	16 Go exploring around your local area and notice new things	17 Be active outside. Dig up weeds or plant some seeds
18 Try a new online exercise, activity or dance class	19 Spend less time sitting today. Get up and move more often	20 Focus on 'eating a rainbow' of multi-coloured vegetables today	21 Regularly pause to stretch and breathe during the day	22 Enjoy moving to your favourite music. Really go for it	23 Go out and do an errand for a loved one or neighbour	24 Get active in nature. Feed the birds or go wildlife-spotting
25 Have a 'no screens' night and take time to recharge yourself	26 Take an extra break in your day and walk outside for 15 minutes	27 Find a fun exercise to do while waiting for the kettle to boil	28 Meet a friend outside for a walk and a chat	29 Become an activist for a cause you really believe in	30 Make time to run, swim, dance, cycle or stretch today	

ACTION FOR HAPPINESS **Happier · Kinder · Together**

Primary Checkpoint

Exam Timetable: 11.04.2021-19.04. 2022

Date	Syllabus/Component
Monday, April 11, 2022	English
Wednesday, April 13, 2022	Mathematics
Tuesday, April 19, 2022	Science

Lower Secondary Checkpoint

Exam Timetable: 11.04.2021-21.04. 2022

Date	Syllabus/Component
Tuesday, April 12, 2022	English
Thursday, April 14, 2022	English ESL (Listening)
Monday, April 18, 2022	Mathematics
Thursday, April 21, 2022	Science

01.04. - 08.04.

DONATION

for the Association of Deaf People
of Republic of Moldova

We Accept :

- ✓ Clothes for children
- ✓ Books
- ✓ Long-term food storage
- ✓ School supplies
- ✓ Toys for children



No uniform day on April 8!



UPCOMING EVENTS

11-15 April 2022

11-19 April 2022

11-21 April 2022

22 April 2022

23 April 2022

Heritage Science Week

Primary Checkpoint Exams

Lower Secondary Checkpoint Exams

Earth Day

UN English Language Day

MAIN CONTACTS

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