

THE INTERNATIONAL HERITAGE HERALD

September 17, 2021



GENERAL

Thought for the week:

“Keep your face always toward the sunshine —and shadows will fall behind you.” Walt Whitman

Director's weekly notes- "The view from Dacia Boulevard"

Week 3 brought us our first full week in school as clubs and homework commenced but at least it was all in this incredible September sunshine. The campus really is a wonderful place to be as the outdoor learning spaces come into their own and this week we even got table tennis underway in the quad. These certainly are the days we need to be making the most of in school before the weather changes. The fresh air outside and coming into school each day is vital in this pandemic. The news of the rise in cases in

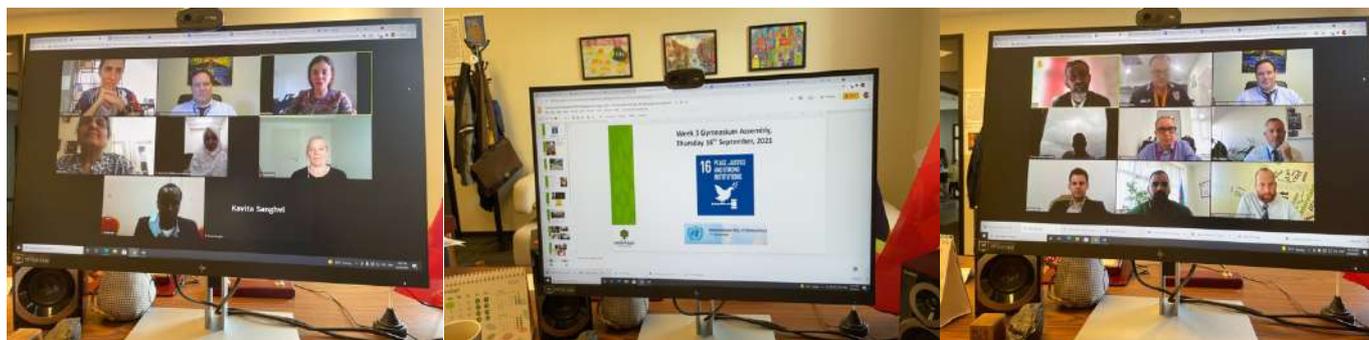


Moldova continues to alarm and I am pleased to see the strong culture we have in school around wearing a clean mask, keeping social distance and practising good hygiene. We know working with children (and some adults) for the need of constant reminders and I am pleased to see the sensible approaches students in primary are taking to wear their masks in class as well. The news this week of more vaccine support for Moldova from the international community is also very welcome.

It's also good to see how our new students and families are settling in and joining a new school can always take time. On the 1st October, we will be going live with our Parent Portal on the new website and despite the limitations on campus restrictions for access to the administration corridor and all of us getting used to the restrictions, much as we want our "better normal" I am very grateful to all our families for their support, respectful engagement, trust and willingness to work with their school for their children at the start of the new academic year. It really is the only way in my experience as a school leader. When issues come up, and they do, and when we have difficult conversations, which do happen from time to time, we are all working for a positive resolution for the students.

I had two moments on Thursday to compare and converse, on a range of issues facing our schools, with global school leaders in two key networks I am in for Heritage. The Black Sea Schools region for COBIS had its first Heads meeting of the new semester and my colleagues are full of optimism for the new academic year ahead as we planned inter school collaborations for the coming year for professional development, the curriculum and student competitions. We had some great success last year in math, public speaking, art and creative writing. The outward facing school at its best and bringing the World into our school daily for our students. I am also in the Varkey Foundation/UNICEF group of global school leaders and on the 22nd I will be speaking at our next event for schools and policymakers about Heritage approach in the pandemic from March 2020 to ensure learning has never been lost and we certainly don't have a lost generation of students from this time. I used a couple of good examples of outstanding young people in my gymnasium assembly this week as we looked at SDG 16 linked to the UN's International Day of Democracy celebrated on Wednesday, to illustrate the resilience and tenacity of young people in the 2020s. We need to give them more credit than we sometimes do. We also certainly do need peace, justice and strong public institutions in these times for our young people to grow. Our 3rd series of the Founders' Lecture will start on Wednesday 29th September with outstanding Moldovans who have earned and been awarded prestigious Chevening Scholarships to the UK and I know from two years ago when they opened our first ever Founders' Lecture with the UK Embassy, these role models will inspire our students to see where their pathways may take them as they make the most of these warm September days in school. At Heritage, we always keep our faces to the sunshine and the shadows are definitely falling behind us.

*Have a good weekend,
Rob Ford*



Articles of interest:

For secondary school students (ages 14 - 25)

- [NCW Book Club: Sudden Traveller](#), the National Center for Writing reading club has a special guest. Sarah Hall, the author of *Sudden Traveller*, the winner of the BBC National Story Award in 2020. Hall will discuss her book, signature themes and her personal experiences. **17 September**. Relevant to anyone interested in Literature and English.
- [Reimagining 'The Heart of Europe'](#), organised by Oxford University. This conference focuses on the Czechoslovak history, art, culture, communism and politics. Bringing together speakers from the leading universities in this subject such as McGill, University of North Carolina and more. **17 September**. Relevant to anyone interested in History, Art, Politics, and International Relations.
- [Engineering the Next Wave of Immunotherapy](#), held by the Koch Institute at MIT, cancer immunotherapy created a leap forward in cancer treatment. Following multiple FDA-approved treatments and a Nobel Prize in 2018, Jim Allison and Tasuku Honjo are continuing to push the boundaries of research in this field. **17 September**. Relevant to anyone interested in Medicine or Biology.
- [In what ways can museums, gardens and libraries be good for our health?](#), organised by Oxford University. Did you ever think about why older people might be so interested in going to cultural spaces? This conference brings new insight into how these spaces can support the well-being of older people, and why are they so important to them. **20 September**. Relevant to anyone interested in Social Studies, Culture, and Art History
- [Beyond the lean startup](#), held by the Imperial College London. Featuring Steve Blank, this event will discuss the future of entrepreneurship and modern ways how to start an innovative business. **22 September**. Relevant to anyone interested in starting a business or studying Entrepreneurship.
- [MIT Nano](#), Debbie Senesky, an associate professor at Stanford University will talk about the latest research done in the field of Nanomaterials during this MIT event. These materials are usually exposed to extreme environments, such as space exploration. Making their functionality even more crucial. **27 September**. Relevant to anyone interested in Physics, Engineering or Materials Science.

For younger students (ages 5 - 18)

- [HBI Career Chat](#), organised by Harvard University, Stephanie Courchesne will talk about what career paths are available beyond academia for scientists. **22 September**. Ages 10 - 18

- [Harvard: Teacher Virtual Open House](#), organised by the Harvard Museums of Science and Culture, this event aims to show their online programs in many fields that might interest you. **22 September**. Ages 6 - 14
- [Coding Class](#), with the ever-increasing reliance on technology, coding is becoming ever more popular. Using the program Scratch is a great way to get kids excited about coding. **25 September**. Ages 5 – 9

Heritage in the Wider World:



Heritage teachers Ms. Kim Scott and Ms. Kassandra Rothenstadt travelled to the Purcari Winery for the running race the Purcari Half-Marathon, held on Sunday, September 12th. Miss Kassandra competed in the 10km race and Ms. Kim ran in the half-marathon. The race was on trail, running up and down hills and through the vineyard. It was a beautiful run and great to see more of Moldova. Ms. Kim was surprised to find out she finished in 2nd place. It was a fantastic day out. They had a wonderful time exploring Moldova.



Heritage Primary:

Heritage Primary Students have had their reading skills assessed that helped place students at their instructional levels for leveled reading sessions and to assess their readiness to progress to the next level. The Diagnostic Assessment in core subjects like English, Science and Math (Cambridge Pathway) and Romanian and Russian in the National Curriculum were given to collect data on what students already know about the topic. The goal is to get a snapshot of where students currently stand - intellectually and emotionally - allowing the teacher to make sound instructional choices as to how to teach the new course content and what teaching approach to use. By measuring the students' prior knowledge it measures what previous teachers and schools have taught them.

Among the advantages:

- It clarifies misconceptions the students may have;
- It enables the teacher to build on their students' strengths;
- It shows how much groundwork the teacher will have to do to introduce new concepts or information. At the end of the school year the teacher can show the students their pre-tests and point out how much their knowledge has grown.

Apart from that, Primary learners have had lots of experiments, got active outside which gave their mind and body a natural boost.



School Starter students talk about their wonderful family





1E students learn Maths using technology



Hands on learning in Science as 5E students learn about how seeds grow and investigate germination. After this experiment they will be able to correctly sequence the different stages in the process of germination.



5E Drama club



4A students are excited to learn Romanian through projects



Heritage Secondary:

Choosing and applying for a study programme. With so many world-class higher education programmes on offer across Europe, choosing what to study and where can be difficult! Use this EU website to help

look at universities in Europe after A Levels. https://ec.europa.eu/education/study-in-europe/planning-studies/choosing-applying_en



Gymnasium/CambridgeSecondary:

Student leadership

One of the strengths of Heritage is our student leadership. Adam and Ernests, made a recorded appeal to the student body on Friday to get involved for this academic year. Student voice and our student councils are important elements of our school life. We always need members to add to our team and we want to make sure we create more opportunities and to take part in making our school even better and to ensure we all have our voices heard. See Mrs. Cristina for further details.



Heritage Lyceum:

This week in our Lyceum, students began their personal development sessions by starting to think about what lies beyond Grade 12.

Our students were encouraged to envision their 21st Birthday and to think about what they would like to have achieved by then and what they can do in the short term to work towards that goal.

Being part of COBIS means that we have access to some fantastic opportunities:

- We invite all Lyceum students and families to attend the COBIS [Virtual University Fair](#) in October where they will be able to learn about and network with some of the World's leading establishments.
- Our Business Studies teacher, Mr Anjum is leading student participation in this year's COBIS [Race 4 Good](#): an online leadership programme that will bring together schools from around the world to take part in a series of groundbreaking races aimed at uplifting a remote community in Nepal.
- We are also developing a Reading Buddy system with Grades 5 and 6. We encourage all students to volunteer just half an hour of their time a week to meet with our younger students and develop literacy and leadership skills.

We encourage our Lyceum students to get involved in these events!

Virtual University Fair
Wednesday 20 October 2021
8-11am BST and 3-6pm BST



Global education:



The eTwinning team from primary and secondary school has added 2 quality labels for the projects: *The EU Team – Eurokids United* and *Mind and Intelligence Games Everywhere*.

The Mind and Intelligence Games project was based on the principle "Learning while having fun", which opens the mind and facilitates learning. Our students from class 3A, participating in the project, developed their skills of logical thinking, reasoning and questioning. With our project, we had fun and learned by playing with family and friends wherever we wanted. Using intelligence games, I definitely gained a different perspective on events, revealing their creativity. Our fun lessons were complemented by digital media skills with mind and intelligence games, Web 2.0 tools and digital games. We communicated through video conferences with eTwinning partners, discussing the advantages / disadvantages of information games, online safety. Our videos and puzzles created a collection of games that brought together 23 teachers, 171 students from 12 countries.

EU team - Eurokids United

This project celebrates Europe, this great and diverse continent and the European Union with its bodies, institutions and values. Through the participation of 5A students, he helped students discover Europe and learn about the European Union in a fun way with 21 teachers and 147 students from 11 countries in different parts of the continent. Furthermore, the students became acquainted with their rights as described in the United Nations Convention on the Rights of the Child and learned how to exercise them. The tasks provided food for thought not only for teachers and students, but also when talking about Europe and children's rights with friends and family.

Our students have learned to appreciate the importance of Europe and its diversity, their rights and responsibilities as future citizens of Europe. They will spread this knowledge in the school community. They produced common content in the form of presentations or a wiki. To do this, they communicated in a foreign language and used a wide variety of web tools. The overall goal of improving their social, interpersonal, digital and cognitive skills has been achieved. They promoted collaboration, active participation, creativity, communication, problem solving, exchange of ideas and awareness of citizenship. The challenge of the Eurokids passport, as a final product, was extraordinary.

This week has seen the start of many enriching global projects at our school. Students in the primary, led by Larisa Mirza, have embarked on their eTwinning journey in the project "**Cultural Heritage Detectives**". The students in grade 1 are to start an eTwinning project with Mrs Carmazan, as well as other eTwinners start new collaboration projects across all eTwinning countries on various topics, besides us all celebrating the eTwinning Weeks 2021 till the end of October. For more details, visit the Primary section.



Our pilot project from Global School Alliance had a kick start this week: a webinar with the participating teachers took place on Tuesday, students were acquainted with its contents after. College Pilote Sousse in Tunisia is our partner school, being a holder of International SchoolAward like us and having a broad experience in collaborative projects.

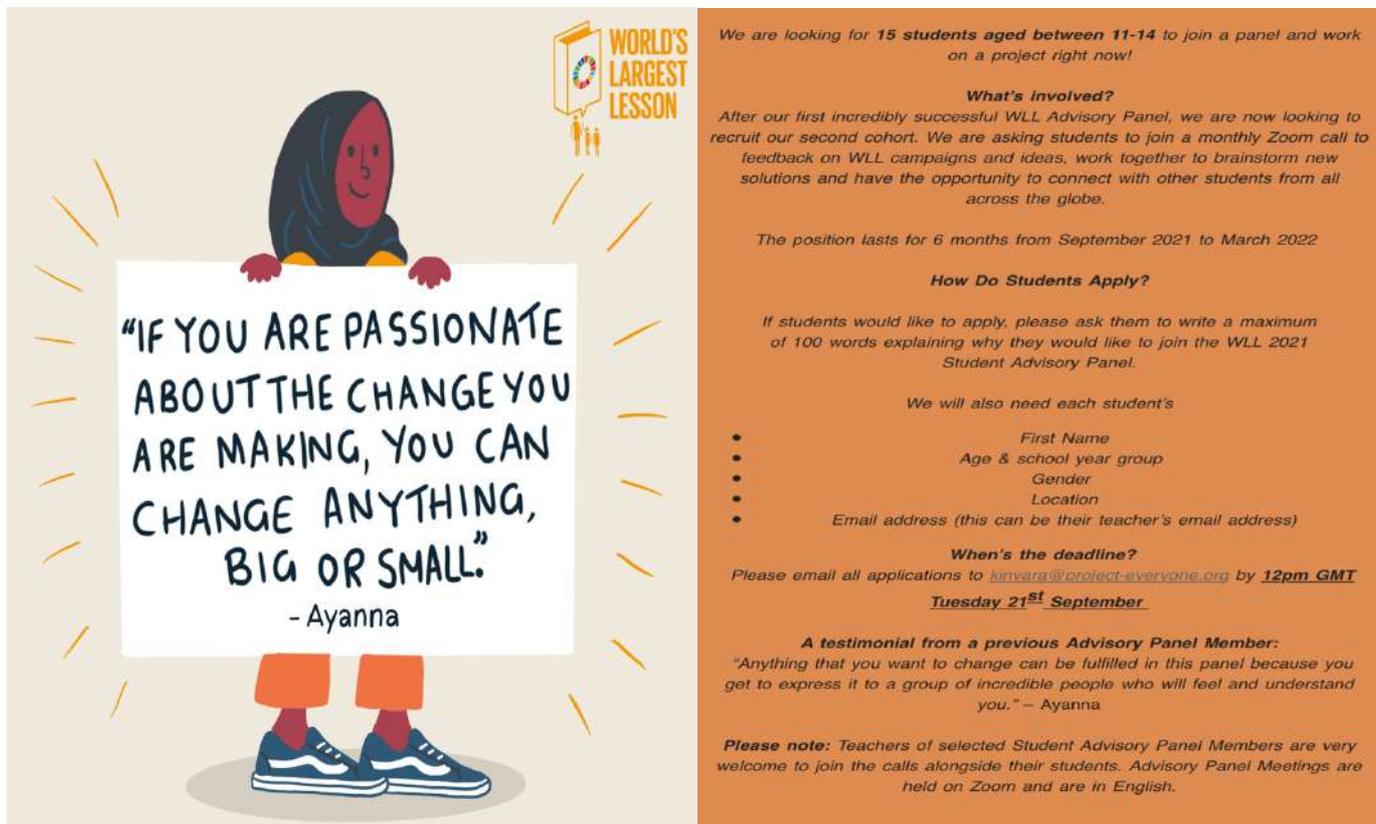
<  **Fethy Letaief** ▶ **Global School Alliance** ...
 Group expert 15 h · 📷

Here we go with the launch of the Global Culture Project (Pilot version). Schools taking part don't miss tomorrow's webinar. Excited to assist my Collège pilote Sousse Tunisia in working with Heritage International school from Moldova and their impactful co-ordinator [Tatiana Popa](#)



GLOBAL CULTURE PROJECT

Next week our school is celebrating the Global Goals Week to mark the 6th anniversary of the Goals, with a focus on UN Sustainable Development Goals - our teachers will choose different ways to make students reflect on their actions concerning the SDGs. Every child can support the Goals! Also, the World's Largest Lesson have announced a competition for students aged 11-14 to join the WLL 2021 Advisory Panel. Details below:



WORLD'S LARGEST LESSON

We are looking for **15 students aged between 11-14** to join a panel and work on a project right now!

What's involved?
After our first incredibly successful WLL Advisory Panel, we are now looking to recruit our second cohort. We are asking students to join a monthly Zoom call to feedback on WLL campaigns and ideas, work together to brainstorm new solutions and have the opportunity to connect with other students from all across the globe.

The position lasts for 6 months from September 2021 to March 2022

How Do Students Apply?

If students would like to apply, please ask them to write a maximum of 100 words explaining why they would like to join the WLL 2021 Student Advisory Panel.

We will also need each student's

- First Name
- Age & school year group
- Gender
- Location
- Email address (this can be their teacher's email address)

When's the deadline?
Please email all applications to kivvara@project-everyone.org by **12pm GMT Tuesday 21st September**

A testimonial from a previous Advisory Panel Member:
"Anything that you want to change can be fulfilled in this panel because you get to express it to a group of incredible people who will feel and understand you." – Ayanna

Please note: Teachers of selected Student Advisory Panel Members are very welcome to join the calls alongside their students. Advisory Panel Meetings are held on Zoom and are in English.

On Thursday, 16th of September, we marked World Ozone Day. Students discussed what they do to stop climate change. An interesting article here:

https://edition.cnn.com/2021/09/15/world/climate-pledges-insufficient-cat-intl/index.html?fbclid=IwAR2TgflKNbCUe_22gBRhkXCzYIzqEKG9I9TzltrR4pbfSO47ntLENXIIlf0E

On Friday, our teachers Adriana Bujag and Tatiana Popa attended the **Media Literacy Forum** at the **Future Classroom Lab** in Chisinau, an event organised by the Independent Journalism Centre, where they took part in workshops of interest for educating students how to be information-wise in the 21st century. The Media Literacy Forum brought together educators across the country, but also experts from Finland, Sweden, Romania, Ukraine and Germany. They shared what they do in their respective countries to teach media literacy, raise awareness of its importance, but also taught the educators how to use interactive web tools in the classroom.





Here are some online education events that might be of interest for our students to get in offered by **Inspirat AI**:

Interdisciplinary Artificial Intelligence Initiative by MIT Graduate Students

Image: Modeling the global spread of COVID-19 using artificial intelligence

How can AI help us mitigate the climate crisis, trace the spread of illnesses, build self-driving cars, or identify bias in the criminal justice system? How exactly does Netflix know what your next favorite TV show is before you do? At the **AI Scholars program** students learn to apply an AI toolkit to tackle such real-world issues in domains they're passionate about– no prior programming experience necessary.

Through a **project-based curriculum**, students work under the guidance of an AI mentor from Stanford or MIT to explore the ethics and applications of artificial intelligence in healthcare, environment, law, music, astronomy and more! At the end of the course, students gain a sophisticated understanding of AI, experience applying AI to real-world datasets, and a final project they can use to enhance their college portfolio and careers.

"I have never attended a program that makes AI so accessible for high school students. Not only did I learn how to build various models, I also understood how they worked and how I could apply them to my own passions for history and political science. Inspirat AI has equipped me with the tools and mentors to pursue artificial intelligence further with a strong foundation." – Divya Ganesan, Stanford University, Castilleja High School alum

AI + Politics: Fake News Detection

Applications for our 2021 programs are open! The deadline to apply is September 30th.

Heritage Creativity:

The students from grade 1 E started their creativity by learning different types of lines and enjoyed fun mixed media techniques. They used wax crayons to draw lines that depict a landscape, then painting in watercolors over the lines they discover how wax lines could resist watercolor paints. Magical art is always fun for little artists.



The student of grade 2 E found out at the Art lesson about the International The Dot Day, 15 of September. This day is staged to encourage all people of all ages to harness their creativity. Students watched and listened very carefully to an interesting story "The Dot" by Peter H. Reynolds. The story is about a little girl, Vashti that could not draw, and her Art teacher encouraged her to do it. The grade 2 E students turned a simple paper plate into a dot. Now they have in their class The Dot tree project. Amazing team and artists.



The art lesson with grade 5 A was like a creative challenge. Students found out about an English sculptor, photographer, ecologist who produces specific sculptures and land art exploring environment. The children should collaborate with nature using natural materials to create a piece of art on a white piece of fabric. The results are amazing, I feel proud of them. Great job team 5 A



Today during the art lesson grade 7 E learned about prehistoric art. They tried to reproduce cave art, turning a simple white paper into a stone wall and depicting prehistoric everyday lives of early humans. For example animals, such as horses, bison, hyenas, wolves, and deer. We enjoyed the creative process.



Menu:

[Breakfast September 2021](#)

[Lunch September 2021](#)

Access to school for parents:

Anyone entering the school must wear a face mask that will cover the mouth and nose.

Parents can go to the Administration through the administration entrance.

No more than 5 people are allowed into the administration at the same time.

No more than 1 person is allowed to the buffet (to pay the meals) at the same time.

Parents can come to administration and buffet as follows:

- Monday to Friday – after 15:00

In order to respect the rules for social distance, parents should have an appointment set by phone in advance:

- Reception 062022210
- Accountant Office 062022213
- Uniform shop 069500062
- Meals 079900171 (buffet will be open for parents on Saturday, September 11, from 10:00-14:00)

COVID-19 measures:

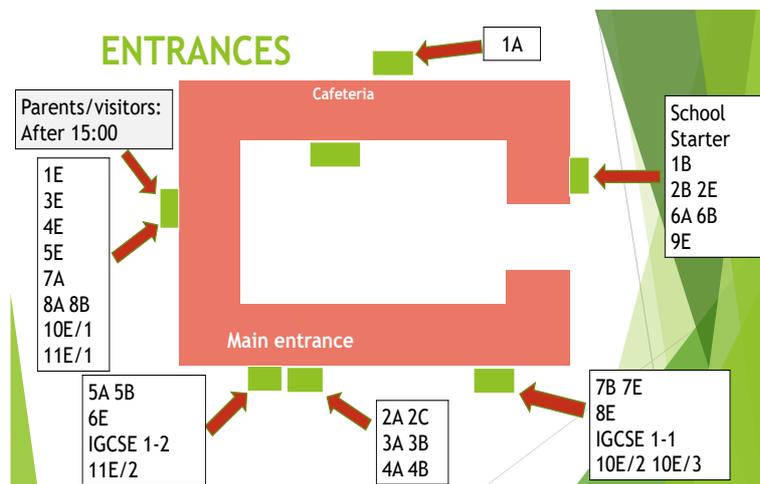
Parents should present the **Declaration** for each child upon return to school: [Affidavit](#) / [Declarație](#) / [Декларация](#)

Due to Covid restrictions this academic year our school follows the rules according to the "**A safe return to physical school strategy and matrix 2021-2022**": [Matrix](#) / [Matricea](#) / [Mampuuca](#)

If your child has **any symptoms** of acute viral respiratory disease, including temperature higher than 37.0°C, parents should not send the child to school and ask for a medical assistant.

For children who have been tested positive with Covid-19 and in case of any disease, for return to school it is mandatory to present the **medical certificate** with the 3 stamps, as a confirmation that the child can attend groups of children.

Distribution of the **entrances** for each grade is presented below:



School days in September:

Starting 15th of September the school day is as follows:

- 1st grades 08:30-16:30
- 2-11 grades 08:30-17:00
- on Fridays, the school day for the whole school is until 16:00

School busses leave: Monday-Thursday at 17:10, on Fridays at 16:10

Uniform:

We remind you that wearing uniform is mandatory for all the students grade 1-10. Following the link below, you can find the [School Uniform Presentation](#)
Lyceum students' dress code will be black and white smart casual to 'office wear'.



Parking:

The side parking lot has a sufficient number of parking spaces.

Parents are asked to use the side parking place when picking up and dropping off the students, so traffic on Dacia boulevard will not be affected.

Parents' Portal:

The new website section Parents' Portal is dedicated to Heritage parents.

Due to some technical issues it is not live yet. Once it is ready, all parents will receive a password to access this section.



Self-Care September 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 Find time for self-care. It's not selfish, it's essential	2 Notice the things you do well, however small	3 Let go of self-criticism and speak to yourself kindly	4 Plan a fun or relaxing activity and make time for it	5 Forgive yourself when things go wrong. Everyone makes mistakes
6 Focus on the basics: eat well, exercise and go to bed on time	7 Give yourself permission to say 'no'	8 Be willing to share how you feel and ask for help when needed	9 Aim to be good enough, rather than perfect	10 When you find things hard, remember it's ok not to be ok	11 Make time to do something you really enjoy	12 Get active outside and give your mind and body a natural boost
13 Be as kind to yourself as you would to a loved one	14 If you're busy, allow yourself to pause and take a break	15 Find a caring, calming phrase to use when you feel low	16 Leave positive messages for yourself to see regularly	17 Notice what you are feeling, without any judgment	18 Ask a trusted friend to tell you what strengths they see in you	19 No plans day. Make time to slow down and be kind to yourself
20 Enjoy photos from a time with happy memories	21 Don't compare how you feel inside to how others appear outside	22 Take your time. Make space to just breathe and be still	23 Let go of other people's expectations of you	24 Accept yourself and remember that you are worthy of love	25 Find a new way to use one of your strengths or talents	26 Avoid saying 'I should' and make time to do nothing
 27 Free up time by cancelling any unnecessary plans	28 Choose to see your mistakes as steps to help you learn	29 Write down three things you appreciate about yourself	30 Remind yourself that you are enough, just as you are			

ACTION FOR HAPPINESS

Happier · Kinder · Together

MAIN CONTACTS

Director: director@heritage.md
 Academic/Secondary School inga.chiosa@heritage.md
 Primary School: larisa.mirza@heritage.md
 Hybrid Learning Coordinator: tatiana.popa@heritage.md
 Buses/meals: tatiana.arnautu@heritage.md

School psychologist: olesea.pletniiov@heritage.md
 Head of English Department: liliana.pulbere@heritage.md
 Head of Lyceum: rose.moran@heritage.md
 Absences: school.absences@heritage.md
 Governors: governorsclerk@heritage.md

Follow Heritage on social media: FB (@heritage_moldova) Webpage (www.heritage.md) Twitter (@HIS_Moldova)